

A single source of occupational health services for companies of all types and sizes

Managing a successful business is a constant challenge. You work hard balancing all the building blocks required for a healthy company—maintaining a positive bottom line, staying competitive, controlling costs and complying with a mountain of paperwork.

Your employees' good health and safety is another cornerstone to business success. In this time of high expectations and complex regulations, you need an expert partner you can trust to help manage all your occupational health needs.

Full service—easy to reach

Our full-service occupational health program is founded on the commitment and experience of the Washington Township Health Care District, which has provided quality care and service to the people and businesses of this region since 1948. Whether it's a knowledgeable occupational health consultant, a caring and efficient primary care provider, or the extensive training and facilities of specialty care, Well For Work's flexible program has all the necessary resources. With our convenient locations—many having extended evening and weekend hours—you and your employees are never far from the help you need.

A partnership built on confidence

Well For Work understands the demands you face in keeping your employees healthy and on the job. Because prompt, accurate communication is a key building block to effective occupational health services, we've designed programs that coordinate all aspects of care, promote fast return to work, and keep you fully aware of your employee's health status.

Our board certified physicians understand the unique aspects of their field and are readily available to communicate with you. With extensive experience monitoring and reporting on-the-job injuries, they appreciate the importance of returning employees to modified or full duty as soon as it is safe.

You can also trust us to understand the importance of controlling costs. Over time, your greatest savings will come through your partnership with Well For Work. Together, we can cost-effectively manage your company's occupational health needs and reduce health and safety costs while improving your employees' overall health.

Well For Work



Washington Hospital Healthcare System

Your Partner in Building a Healthy Business

Treatment—Managing work-related illness and injury

With Well For Work, your employees receive prompt, expert medical care for work-related injuries and illnesses. As patients, they appreciate the way our physicians make every effort to build a good doctor-patient relationship and to educate them about the status of their condition and care plan.

Based on our commitment to provide quality care while enabling your employees to return to work as quickly and safely as possible, we offer these special services:

- Priority status and prompt treatment for employees who come to any Well For Work clinic
- Direct communication of results to you, the employer, after every visit
- After hours care always available at the Washington Hospital Emergency Room, with follow-up care at any Well For Work clinic

Examinations and Surveillance—Determining employee fitness and maintaining a healthy workplace

Our trained physicians evaluate the physical ability of potential and current employees to meet job requirements while enabling you to maintain a safe and healthy workplace. By identifying physical limitations on exam, our doctors also help you avoid the potential for future work-related injuries.

We provide

- Pre-Employment/Pre-Placement Examinations
- Executive Physical Examinations
- Annual Employee Examinations
- Return-to-Work/Fitness-for-Duty Examinations
- Functional Capacity and Back Evaluations
- DMV and Department of Transportation (DOT) Examinations
- Respiratory Medical Evaluations and Clearance
- Tuberculosis Surveillance
- Asbestos Surveillance
- Hearing Conservation Testing
- OSHA-Mandated Screening and Surveillance
- Immunizations and Vaccinations

Well For Work



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Case Management and Reporting— Fast accurate communication

We've developed programs to keep you apprised of your employee's health status at all times. We also coordinate total patient care to prevent duplication of services and promote fast return to work:

- Well For Work's **First Call** program keeps you up to date on the status of your injured employee.
- Our Case Management Information System integrates information from all providers caring for your employee, making it easier for you to stay informed.
- Ongoing status reports from our primary care physician and all associated care providers keep you knowledgeable about injured employees.
- Modified work programs can be designed to meet the medical needs of individual employees.

Rehabilitation—Encouraging rapid recovery

We offer comprehensive rehabilitation and testing services by expert physical therapists in our fully equipped therapy departments. Ergonomic and functional capacity testing, as well as service for modified duty, are also available.

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Work Site Evaluation and Testing—Reducing risk of injury and ensuring compliance

OSHA Mandated Screenings

Our experienced staff is equipped to administer all screening procedures required by OSHA and other regulatory agencies, including respiratory medical evaluations and hearing conservation testing.

- Respirator Medical Evaluations
- Hearing Conservation

Ergonomics

Our specialists perform work site and workstation evaluations to tailor a program for your company and present it on-site to ensure compliance.

- Evaluations
 - Cal/OSHA reporting
 - Job site analysis
- Training for supervisors and workforce

A range of other on-site services

Other preventive services and trainings we provide at your place of business include:

Immunization and vaccinations

- Hepatitis B
- Influenza (flu shot)
- Travel immunizations

Wellness Examinations and Health Fairs

- Cholesterol screening
- Blood Sugar screening
- Blood Pressure screening

Safety Training

- CPR and First Aid
- AED Program implementation

Well For Work



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Services tailored to your needs

Well For Work performs drug and alcohol testing to meet the specific requirements of your business. Our clinics are staffed with certified drug screen collectors and alcohol test technicians, and all of our testing meets Department of Transportation and other regulatory guidelines.

In addition to Medical Review services, we provide pre-employment, periodic, random, and post accident screenings. Our services include:

- Certified Laboratory Specimen Analysis
- Medical Review Officer Services
- Company Policy Testing
- Collection Only Services
- Rapid Drug and Alcohol Testing

Well For Work



Washington Hospital Healthcare System

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Medical care locations

Morning, evening and weekend care available

Primary Medical Care Locations

Washington Clinic/Fremont

2500 Mowry Ave., Suite 212

Fremont, CA 94538

(510) 608-6174

Hours of Operation: 8 to 8 Every Day

Washington Clinic/Warm Springs

46690 Mohave Drive

Fremont, CA 94539

(510) 651-2371

Hours of Operation: 8 to 6 M-F

Washington Clinic/Newark

35500 Dumbarton Court

Newark, CA 94560

(510) 797-7535

Hours of Operation: 8 to 6 M-F

Washington Outpatient Rehabilitation Center

3575 Beacon Ave

Fremont, CA 94538

(510) 794-9672

Washington Outpatient Surgery Center

2299 Mowry Ave

Fremont, CA 94538

(510) 791-5374

Washington Hospital Emergency Room

2000 Mowry Ave

Fremont, CA 94538

(510) 791-3430

Washington Hospital

2000 Mowry Ave

Fremont, CA 94538

(510) 797-1111

See map on reverse side.

Convenient Locations and Hours of Operation

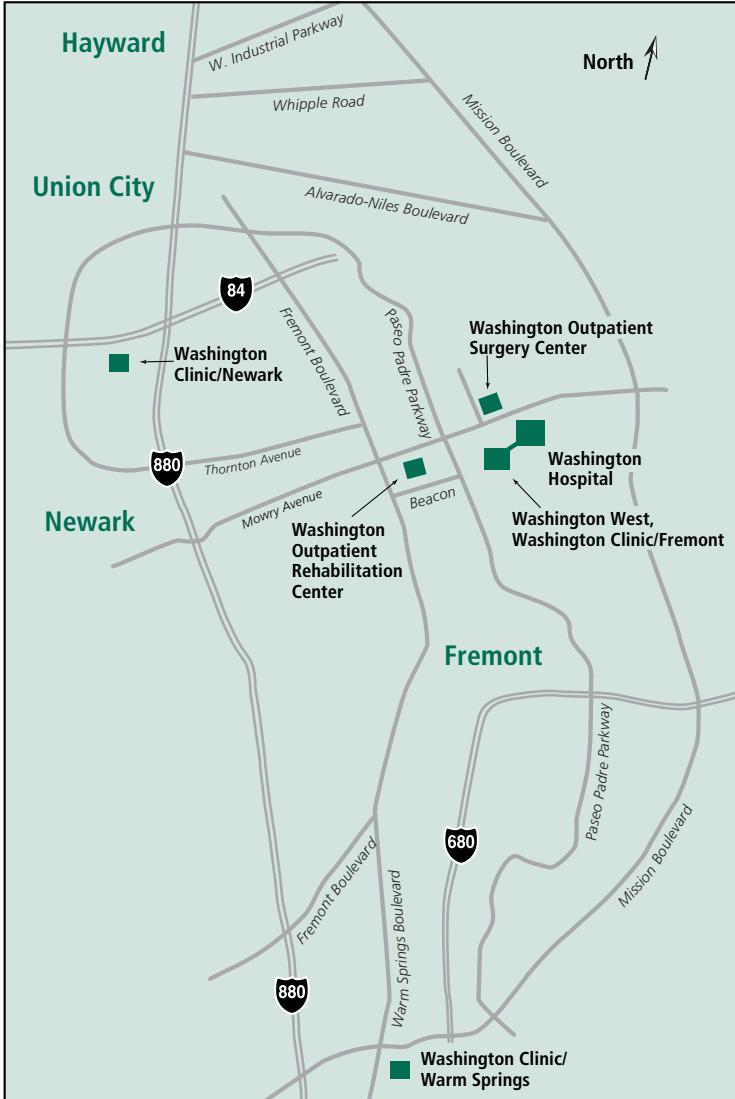
phone: (510) 494-7075
www.whhs.com

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