



Washington Hospital Healthcare System

Investing in the health of the community.

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POSTPONED

Health & Wellness

AS A HEALTH PRECAUTION, WE ARE POSTPONING OUR UPCOMING HEALTH & WELLNESS SEMINARS.

This includes the March and April seminars:

- Kindergarten Readiness
- Fall Prevention
- Lifestyle, Health and Longevity: An Overview of Complementary Therapies
- Don't Let Hip Pain Win
- Wound Care and the Latest Treatment Options
- Common Ortho Overuse Injuries — Prevention and Treatment

While this may be erring on the side of safety, the health and well-being of our community members, our staff, physicians and volunteers must be our top priority.

We will keep you advised of future dates for these seminars.

