

Clinical experts support nurses

A clinical nurse specialist (CNS) is a registered nurse (RN) with graduate education who has clinical expertise in a specialized area of nursing practice. These specialized nurses have vital roles and responsibilities at Washington Hospital. Their primary focus is to support bedside nurses by providing the knowledge, skills, processes, and policies they need to ensure safe and effective patient-centered care.

Joining the team of clinical nurse specialists are Betty Goodwin, MSN, RN, AG CNS-BC, and Adelita Tinoco, PhD, RN, AG CNS-BC. Goodwin graduated with her master's degree and CNS in June 2018. She has been an emergency nurse at Washington Hospital since 1997 and has functioned in many different roles in the Emergency Department (ED) such as staff nurse IV, charge nurse, Sexual Assault Response Team nurse examiner, and educator. Her expertise

was instrumental in preparing the ED staff for the transition into the Morris Hyman Critical Care Pavilion through simulation, mock codes, and ensuring our ED is prepared for pediatric emergencies.

Tinoco has been at Washington Hospital since she graduated from nursing school in 2010. She received an MS in nursing in 2013 and a PhD in nursing in 2016 from UCSF. Tinoco has published multiple research articles in the field of cardiology nursing. She works at Washington Hospital as a medical-surgical clinical nurse specialist and Magnet® project manager.

Goodwin and Tinoco are expert clinicians, educators, researchers and consultants. Changes in health care delivery occur at a furious pace. Specialists like Goodwin and Tinoco are vital to ensuring that nurses at the bedside adapt to changes and provide outstanding patient care.



(From left) Adelita Tinoco, PhD, RN, AG CNS-BC, and Betty Goodwin, MSN, RN, AG CNS-BC, two of Washington Hospital's many highly educated nurses, just added clinical nurse specialist to their credentials.