Not just a hospital, your community hospital.

Washington Hospital Healthcare System

The community has grown. And so has its hospital.
Our mission is to meet the health care needs of the District residents through medical services, education and research.

Within this scope, Washington Township Health Care District is committed to assuming the leadership role in improving and maintaining the health status of the residents by:

- Identifying and assessing community health care needs.
- Developing mechanisms to respond to the identified needs within the financial capabilities of the District.
- Providing access to high quality, cost-effective health services through an integrated delivery system.
- Providing appropriate employee, professional and community educational resources to enhance patient care and health promotion throughout the District.

To support the fulfillment of the mission, the District's strategic vision is to be the regional medical center of Southern Alameda County offering services that span the full range of care within the available financial resources.
The Board of Directors

Michael J. Wallace, President, Washington Township Health Care District

Our board members are residents of this community. We come from varied backgrounds, and we bring our diversity of expertise, knowledge and information to the table on the community’s behalf. As publicly elected board members, we help guide the direction of this wonderful asset called Washington Hospital, and all its associated programs and services. At the same time, we act as an interface between the Healthcare System and the community. Our board values the opportunity to work in partnership with the skilled and caring people of the Washington Hospital Medical Staff, Washington Hospital Healthcare Foundation, and Washington Hospital Service League. We are especially proud of and grateful to our Healthcare System’s employees, who treat every patient, family member and visitor with dignity and respect. Their energy, talent and commitment make this a fulfilling place to work and an exceptional place to come for health care.

The Board of Directors of Washington Township Health Care District understands that financial responsibility is key to sustaining growth and providing new programs, services, and facilities to the Township. I am pleased to report that our financial position is strong, and that we are prepared to continue to expand and improve facilities and technology as we move forward. As an independent entity, we have been able to re-invest our profits into the Hospital itself, and our community. Over the decades, the Hospital has done so strategically and judiciously. In an age where we are seeing more and more communities lose their hospitals after being bought and abandoned by corporations, we feel extremely fortunate that the community retains control over Washington Hospital’s destiny. With the continued help and support of the community, together we’ll reach these goals.

Michael J. Wallace
Michael J. Wallace
President
Elected: November 2002
Occupation: President and CEO, Fremont Bank
Address: 39150 Fremont Blvd, Fremont, CA 94538

Bernard Stewart, DDS
Vice President
Elected: November 2002
Occupation: Dentist
Address: 2234 Mowry Ave., Ste. B, Fremont, CA 94538

Susanna Wong
Second Vice President
Appointed: March 2003
Occupation: Restaurateur, Roses Restaurant
Address: 32208 Dyer Street, Union City, CA 94587

William F. Nicholson, MD
Treasurer
Elected: November 2000
Occupation: Physician, Cardiologist
Address: 2557 Mowry Ave., #33, Fremont, CA 94538

Patricia Danielson, RHIT
Secretary
Elected: November 2002
Occupation: Consultant, Health Information Management
Address: 7189 Arbeau Drive, Newark, CA 94560
From its inception, Washington Hospital has sought to answer—and anticipate—the needs of the communities that created it. More than 50 years have passed since then, and the challenges and changes that have affected Washington Township have shaped our growth every step of the way. We see this growth not just in terms of bricks and mortar, but in a growth of mission and purpose, and of ever-expanding community involvement. What began as a simple, 150-bed facility, is now a 337-bed acute-care hospital, occupying a twenty-five-acre campus in the heart of the Tri-City area. The Hospital is proud to possess such state-of-the-art medical technology as a digital mammography center, the Washington-Stanford Radiation Oncology Center, the Institute for Minimally Invasive and Robotic Surgery, and the internationally known Center for Joint Replacement. We also have one of the most sophisticated cardiac diagnostic facilities available anywhere. We are proud of our accomplishments, and grateful for continuing community involvement and support. Yet, because we live in a rapidly growing community, and in a world of changing health care realities, we cannot rest on our laurels. Today, we serve a community of more than 300,000 people, and we face three critical challenges. Our first challenge is to ensure that Washington Hospital will be safe in case of a major earthquake; our second challenge concerns aging hospital facilities, and the third challenge is the growth of the community we serve. For example, our emergency room is the second busiest in the County, but the facility is among the County's oldest. We are confident that, by meeting these challenges, focusing on the fulfillment of our mission, and with continued community support, Washington Hospital Healthcare System will continue to provide the residents of our District with the quality health care services they need and deserve.
At Washington Hospital, we have always put the health and safety of our patients first. In the past year, we have continued to make strides in developing new programs and procedures to assure quality, cutting edge services with the absolute highest degree of patient safety. Together with the hospital’s administration and staff, our family of 410 physicians are always working to improve the quality, efficiency and safety of care while exploring opportunities to add more leading-edge programs to the range of services offered. By growing and diversifying our range of skills, experience and backgrounds, we have continued to meet the evolving needs of our patients, their families and the community. We have implemented a program for sentinel node biopsy to help determine the extent of a patient’s cancer diagnosis. We have furthered the fight against breast cancer with access to a mobile unit that makes monthly visits to the Hospital to assist in screening patients for breast cancer. We’ve also created hospitalist programs in Pediatrics, Ob/Gyn, and Internal Medicine. The Hospital has continued to reach out to and strengthen our relationships with the community. The Washington on Wheels Mobile Health Clinic provides physical exams, blood pressure screenings, immunizations, flu shots and nutritional counseling to many uninsured and underserved District residents. In 2005, we plan to add to our Community Clinics with the opening of the new Nakamura Clinic, Union City. Like our other Clinics, it will provide a full range of primary-care services for both adults and children in a local, easily accessible facility. Quality care has been our philosophy since the Hospital opened in 1958. To this day, it remains a guiding principle for me and my colleagues on the Medical Staff.

Ahmed Sadiq, MD, Chief of Staff, Washington Hospital Medical Staff
In 1948, the area encompassing Fremont, Union City, Newark, South Hayward and Sunol was primarily agricultural—a rolling expanse of cow pastures and vegetable farms. The closest medical facility was in Oakland, a good 20 miles away. Even then, it was clear that the community was growing rapidly. Residents saw the need for a hospital based in the community. An effort spearheaded by the Washington Township Country Club, a pioneering women’s organization, ultimately led to the formation of the Washington Township Hospital District. Funding to build the Hospital was procured through bond measures, eagerly passed by voters. Then in 1955, Lester Whitaker, founding president of the Washington Township Hospital District, plunged a shovel into the soil of an old cauliflower field, and construction of the new 50-bed Hospital was underway. Even before construction was completed, the needs of the community had grown to the point that an additional 100 beds were deemed necessary. To the cheers of the community, the 150-bed Hospital opened its doors on November 24, 1958. The first baby to be born in the Hospital arrived just three hours later. From that first moment on, the Hospital’s mission has been to provide the highest quality medical care to the community. This has meant, of course, finding exceptional nurses, doctors and volunteers alike. But it has also meant expanding the facilities to keep pace with the rapid growth of the community, and developing an infrastructure that will support the latest state-of-the-art technologies. The community that we serve continues to get ever larger and more diverse. Likewise, the size and reach of our Hospital never stops growing—with new facilities, new clinics throughout the community, and even our Washington on Wheels Mobile Health Clinic. It all started in 1948. But we’re already looking ahead to 2030.
The young Hospital starts to grow.

The Hospital struggled with its budget at the early years, but eventually found a solid financial footing. Additional funding was approved to help the hospital almost double its patient capacity, and new facilities included a highly-regarded new Intensive Care Unit. During these "baby boom" years, the District population took off, and the Hospital staff and Board demonstrated a strong commitment to continue serving the District's growing needs.
1970

Population 142,746

Expanded Heart Care – By the 1970s, heart disease had become the leading cause of death in the United States. The same was true for Alameda County. By expanding our Intensive Care Unit to include a new Cardiac Care Unit, Washington laid the groundwork for what was to become a nationally renowned heart care program.

Emergency Room renovated and expanded – By the mid-1970s, our emergency room was feeling the stress of a rapidly growing community. Orchids were making way for hospital tents, and in 1976, Washington’s overcrowded Emergency Room was renovated and expanded to accommodate the emergency needs of more than 100,000 District residents.

A new Physical Therapy Department – As the decade progressed, the relatively young science of physical therapy was proving to be an effective tool in both rehabilitation and health maintenance. By increasing the size and scope of our Physical Therapy Department, Washington Hospital was able to remain on the cutting edge of advances in the field and meet the needs of the community.

Six Story Expansion – Due to the foresight of the Board of Directors, Washington’s six story expansion project was completed. It increased the number of hospital beds from 150 to 265, making it the largest facility in southern Alameda County. Students today know this structure as part of the main hospital building on Moyney Avenue in Fremont.

CT Scanner Suite opened – Washington Hospital was making great strides in promoting cancer awareness for the community. Prevention and early detection are two of the most important and effective strategies for saving lives from cancer, reducing suffering due to cancer, and eliminating cancer as a major health problem. Our CT (Computed Tomography) Scanner Suite was an important addition to Washington’s diagnostic capabilities.

Getting bigger and stronger year after year. The 70s were a time of great change both in our community and throughout the nation. The same was true at Washington Hospital. The number of hospital beds nearly doubled, our cardiac care unit was expanded, a renal dialysis unit was added, our emergency room was renovated and expanded, and a physical therapy department was put in place. Washington Hospital stood as a shining example of maintaining change for the better.
Growing beyond its walls.

In the 1980s, we took our mission to serve the community a step further, and really began to reach out beyond the Hospital walls to make our services more available to those who needed them. Several new Hospital programs were founded to help educate the community. New clinics were opened in Fremont, Newark, Union City and Weimar Springs. An outpatient surgery center was opened. A new ICU and the Washington-Stanford Radiation Oncology Center were opened as well.
1990

With maturity comes greater responsibility.

By the 1990s, Washington Hospital had firmly established itself as a community institution. Years of responsible fiscal oversight paid off and we were able to retire the last of our bond related debts and focus extensively on developing facilities to offer more comprehensive care.

A new Outpatient Rehabilitation Center opened with a lap pool and whirlpool. The new Integraled Birthing Center opened, as did the specialized C-section and Recovery Room.

Washington Outpatient Rehabilitation Center - The Center opened with the latest in physical and occupational therapy equipment, including a 20' x 60' indoor lap pool, a large whirlpool, and five private treatment rooms. The dedicated staff included registered physical and occupational therapists, exercise physiologists, hand therapists, aquatic coordinators and sports medicine specialists — all committed to the center's goal of restoring patients to a full, productive life as soon as possible.

Birthing Center - We took some of the best features of our acclaimed birthing center and incorporated them into a new center on the Hospital's second floor. With labor/delivery/recovery rooms, and 13 mother/baby suites, we were able to encourage a family-centered approach to the entire birthing process, making it possible for both parents to participate in birthing, stay with their baby and learn to care for their newborn.

C-section and Recovery Room - C-section deliveries are necessary in some pregnancies, and because the procedure is major surgery, specialized facilities are required. When the new C-section and Recovery Room opened adjacent to the Birthing Center, mothers were able to deliver their babies without a trip to the C.E., and to receive the particular treatment necessary for their recovery.

The new Center for Joint Replacement - This Center was developed by a team of pain care specialists. It provides comprehensive care for joint replacement patients, including total hip and knee replacements, joint replacement revisions, bilateral knee replacements and unicompartmental knee replacement. As a separate unit of the Hospital, it is ideally suited to the needs of its patients.

The beginning of Washington West - Soon after the Health Care District Board of Directors approved a ten-year expansion project, remodeling was started to create Washington West. The building would house several outpatient services, including General Orthopedic, Washington Clinic, Preventive and a Mammosphere Center, auditoriums where free health education classes and screenings would be held, as well as administrative offices.

Diet retired five years early - It was a red-letter day when the Washington Hospital Health Care District paid off its debt for the expansion approved in 1989 by local citizens. It showed that the Hospital would continue to expand and meet all its financial obligations through informed planning and sound management.

Community Health Resource Library - Responding to the community's needs, the Hospital added this new Resource Library. It offered free access to consumer-friendly, health-oriented books, videos, audio tapes, magazines, Internet access and free reference screenings.
Population 314,085

2000

Building a legacy for future generations.

We look at every new program and facility expansion with an eye to how it will serve the community in the future. Sound infrastructure, solid financial stability, and a commitment to state-of-the-art medical facilities and top-notch staff will assure that Washington Hospital can continue to provide exceptional service to the community for decades to come. A new mammography center opened with digital capabilities. A new Washington-Stanford Radiation Oncology Center opened. And our Washington on Wheels Mobile Health Clinic began bringing health care to some of the neediest residents of our community.

Digital Mammography offered — The Washington West Mammography Center is a full-service program staffed by women and dedicated to women’s health issues. In October of 2001, we began to offer digital mammography—a technique that improves upon the standard mamogram. With digital technology, pictures are generated immediately, and physicians can magnify and optimize the results.

The Institute for Minimally Invasive and Robotic Surgery — The institute was created to provide patients with the surgery they need in a less invasive manner. Many surgeries that were once done as open procedures with large incisions—such as surgery of the colon, gallbladder, hernias and kidneys—now can be performed by laparoscopic robotic systems in the operating room.

Emergency Room Expansion — Eight Bay expansion — When Washington Hospital’s Emergency Room was first built in 1996, no one could have predicted it would become the second busiest in Alameda County. By adding eight new treatment bays and many more high-tech monitoring systems, the ER capacity was pushed to its limit.

Washington On Wheels — The Washington on Wheels Mobile Health Clinic (WOW) provides physical exams, blood pressure screenings, immunizations, flu shots, nutritional counseling and more to many uninsured and underserved District residents. WOW also provides services to employees in our community.

Odette College grant — Washington Hospital provided a $1.5 million grant to Odette College that enabled them to accommodate many nursing students. The Richard M. Warren Nursing Skills Lab, named for the former CEO, was created at the hospital to provide access to a state-of-the-art facility for hands-on training for the Odette College students.
Population 350,000

Future

We are not slowing down any time soon.

As we've seen from our history, the Washington Township Health Care District population is destined to continue growing ever larger and more diverse, and its Hospital is well positioned to grow right along with it. We will always remain as committed to serving the District's needs as we have since Washington Hospital's founding almost half a century ago. The next fifty years are sure to bring new advances in every aspect of health science, and we intend to stay at the forefront of these advances in order to ensure our community's future generations the highest possible level of care.

Our vision for the Washington Hospital of the future is already taking shape in plans and blueprints. Some of these future changes will include state-of-the-art upgrades for earthquake safety, expansion of the Emergency Room, upgrade and expansion of the Intensive Care Unit which provides life-saving medical services to the most critically injured patients; expansion of our state-of-the-art Cardiac Care facilities; additional patient beds and Operating Rooms; expanded laboratory and x-ray facilities; improvements to the building's electrical, technological, and energy efficiency systems and equipment; and improvements of our walkways, parking lots, pick-up and drop-off zones. Every one of these upgrades is geared to better serving the changing needs of our vibrant community.

Nakamura Clinic, Union City – Washington Hospital's newest community clinic is already in the works. The Nakamura Clinic in Union City is named in honor of Shigehito Nakamura and his family, who have been active members of the community since the 1960s. Services at the new clinic will include primary care for children and adults, as well as occupational medicine services, x-ray and lab services. The clinic will also have space for health-related community classes and will serve as the training site for Union City's Community Emergency Response Team program (CERT) for disaster preparedness.
What we have done lately...

In July of 2005, Little Washington Township Children’s Center opened on Pratt Street, providing care up to 19 months of age. It is available to Washington and surrounding communities and staff, medical staff, and families of the patient-dependent upon space availability.

Breat for Body & Soul - This shopping trip provides personal items, clothing, and toys for children. It is available to Washington and surrounding communities. It is sponsored by Washington Hospital and the Washington Hospital Foundation.

Website: We unveiled our new website at www.washhosp.com in 2005. Since then, we have added 2,000 new sites for better access to information. The website now includes interactive tools such as a virtual tour of the hospital. This site has been updated to reflect the latest procedures for diagnosing breast cancer. It has also added new features such as virtual tours and patient information.

Better Health Program - In 2005, Washington Hospital expanded its women’s health program. The program partners with 12 medical centers to provide comprehensive care for women. The program now includes cancer screening, diabetes management, and women’s health education.

PET/CT Imaging Services - Positron Emission Tomography (PET) is used with Computed Tomography (CT) to create images that provide a cross-sectional view of the body. This is particularly useful in detecting tumors and other diseases. Washington Hospital now offers PET/CT imaging services.

Children’s Health and Safety Fair - More than 150 people attended Washington Children’s Hospital Health and Safety Fair in September 2005. Several hospitals participated, along with community agencies, including the Washington Fire Department, the United Way of Washington, and the Washington City Police Department, which provided fingerprinting and child identification kits.

2005 Community Forum - Washington Hospital invited one of the leaders in healthcare reform, former Governor of Oregon, Dr. John Kitzhaber, to present to more than 200 residents about the future of healthcare. The forum is available to Washington residents. The forum included a presentation on the future of healthcare and an open forum for questions and comments.

Washington Hospital’s Laboratory Department received accreditation for its neonatal lab, one of the highest levels of care that patients can receive in the hospital.

Cholesterol Screening - Washington Hospital provided 1,500 free cholesterol screenings to patients. The screenings were open to all patients and are available on the hospital’s website.

MetroWest Total Knee Replacement Surgery - We began offering minimally invasive total knee replacement surgery at the Center for Joint Replacement in 2005. This surgery includes reduced pain, quicker return of motor function, and a faster recovery time for patients. This procedure reduces hospital stay to about two days when surgery is performed on and three days for both knees.

Union City Health Care Center Launches - Nearly 30 percent of all Union City residents are without access to healthcare. In May 2006, the new Union City Health Care Center opened to 600 new patients and is expected to open in 2006. The center provides primary care services to Union City residents.

The clinic has been named in honor of the Metzner family, who have been active in the Union City community for several decades.
The Washington Hospital Healthcare Foundation

Established in 1983, the Washington Hospital Healthcare Foundation was created to serve as a guardian of gifts and bequests to the Washington Hospital Healthcare System. Its mission is to enhance the Healthcare System by increasing public awareness and by providing financial support. Through generous contributions from companies and individuals, the Foundation has helped to fund many important projects, including: upgrades to the emergency room and critical care units; mammography equipment and screenings; a diagnostic ultrasound unit; the W.O.W. Mobile Health Clinic; the Washington Community Health Resource Library; hospice care; and cancer services. In addition to raising much-needed funds for health care programs and services, Foundation-sponsored events are considered some of the premiere social events in the community. These events serve as opportunities for the community to come together in friendship and fun, not only to celebrate the success of their Hospital, but also to show continuing support of a valued partner. One of these outstanding events is the The Top Hat Dinner Dance—an elegant black-tie affair first held in 1986. In 2003, Top Hat raised funds for Washington Hospital's Lymphedema Services program, which provides local care for those suffering from lymphedema, a condition caused when the lymphatic system is impaired that can result in chronic swelling of affected limbs. Other Foundation events include the annual golf tournament, held in memory of Gene Angelo Pessagno, Trees of Angels and the Medical Musicale. “We’re so grateful for the broad-based community support we continue to receive,” says Barbara Barrie, Foundation president. “It truly makes the difference in helping our Foundation achieve its mission.”
The Washington Hospital Service League

Back in 1955, fourteen local women met at the Centerville home of Mrs. Allan Walton to begin organizing a hospital service league. Today, the Washington Hospital Service League has a membership of more than 450 volunteers, from age 15 through 90, and will be celebrating their 50th anniversary in February, 2005. During the fifty years since the League's founding, the organization has been an invaluable asset to the Washington Hospital family. Volunteers have donated more than 1.4 million hours and $1.7 million to Washington Hospital. The history of the Service League's accomplishments would fill a book. In recent years, young people have become a key part of Washington Hospital's volunteer program. As they share their time and talents with patients, families and staff, these energetic young people experience the stresses and rewards of working in health care, and learn to appreciate the importance of teamwork. In recognition of the contributions students make, the Service League awards two scholarships each year to student volunteers majoring in health-related fields. The Service League's mission is three-fold: First, they offer helpful services by providing amenities that contribute to the comfort and well-being of patients, families and visitors. Second, they serve as “ambassadors,” fostering good communication between the Hospital and families, friends, and the community-at-large. Finally, Service League Volunteers support the work of hospital personnel and assist with other services, when needed. Asked what she felt was the key to their success, Marilyn Williams, the League's President said, “The Service League has remained a friendly and supportive group of people who have a genuine warmth and desire to help the patients and their families.”
Washington Township Health Care District provides many benefits to the community. One direct benefit that receives little notice is the health care that is provided for free or for which the District is not fully compensated. In the past year alone, Washington provided nearly $22 million in health care to the community’s medically indigent population and an additional $2 million for unpaid medical costs, community education and other expenses.
## 2003-2004 Financial Statement

### Balance Sheet

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<th>2004</th>
<th>2003</th>
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<tr>
<td>Current Assets</td>
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<td>Assets Limited as to Use</td>
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<td>Total Liabilities and Fund Balance</td>
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Dollar amounts represent thousands.

### Income Statement

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<tr>
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<th>2004</th>
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<tr>
<td>Net Patient Service Revenue</td>
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<td>Other Revenue</td>
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<td>Total Operating and Nonoperating Income</td>
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Dollar amounts represent thousands.
## Fiscal Year 2003-2004

### Fiscal year ending June 30, 2004

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Directory of Services

Washington Hospital
2000 Mowry Avenue,
Fremont, CA 94538
510-797-1111

Washington Clinic/Fremont
2500 Mowry Avenue, Suite 212
Fremont, CA 94538
510-698-6174
Monday - Sunday, 8 a.m. to 8 p.m.

Washington Clinic/Newark
35500 Dumbarton Court
Newark, CA 94560
510-797-7535
Monday - Friday, 8 a.m. to 6 p.m.

Washington Clinic/Warm Springs
4600 Mowry Drive
Fremont, CA 94538
510-651-2371 or 408-946-6443
Monday - Friday, 8 a.m. to 6 p.m.

Washington Outpatient
Surgery Center
2299 Mowry Avenue
Fremont, CA 94536
510-796-7212
Monday - Friday, 8 a.m. to 5:30 p.m.

Washington Stanford
Radiation Oncology Center
39101 Civic Center Drive
Fremont, CA 94538
510-796-7212
Monday - Friday, 8 a.m. to 5 p.m.

Washington Outpatient
Rehabilitation Center
3575 Beacon Avenue
Fremont, CA 94538
510-794-9672
Monday - Friday, 8 a.m. to 6:30 p.m.

Ohlone Student Health Center
43600 Mission Boulevard, Bldg. 16
Fremont, CA 94539
510-659-6258

Programs and Services
- Bras for Body and Soul
- Cardiac Surgery and Care
- Cardiac Rehabilitation
- Care Card Program
- Center for Joint Replacement
- Childbirth and Family Services
- Community Clinics
- Community Education
- Community Health Resource Library
- Diabetes Services
- 24-Hour Emergency Care
- Financial and Insurance Counseling
- General Medicine and Surgery
- Health Insurance Information Service
- Health Promotion
- Hospice Program
- Laboratory Analysis and Support
- Level II Special Care Nursery
- Little Washington Township Child Care Center
- Lymphedema Program
- Mammography Center
- Medical Imaging (X-ray, MRI and CT Scanners)
- Minimally Invasive and Robotic Surgery
- Neurosurgery
- Nutritional Counseling and Care
- Occupational Medicine Program
- Occupational Therapy
- Oncology Services
- Orthopedics
- Outpatient Wound Care Clinic
- Pathology
- Pediatrics
- Pharmacy
- Physical Therapy
- Pulmonary Rehabilitation and Respiratory Care
- Richard M. Warren Nursing Skills Lab
- Sangalli Center for Critical Care
- Senior Care Program
- Sleep Disorders Clinic
- Social Services
- Speech Therapy
- Sports Medicine Program
- Volunteer Organizations
- Washington On Wheels, (W.O.W.) Mobile
- Health Clinic
- Washington Senior Care

Washington-West Features
- 1st United States Credit Union
- Bras for Body and Soul
- Cardiac Rehabilitation
- Community Health Resource Library
- Conrad E. Anderson, MD Audiology
- Health Insurance Information Service
- Little Washington Township
- Child Care Center
- Pulmonary Rehabilitation
- Richard M. Warren Nursing Skills Lab
- Washington Clinic/Fremont
- Washington Maternal Education Center
- Washington-Stanford Sleep Disorders Clinic
- Washington West Lab & Pre-Op Testing
- Washington West Mammography Unit