CALL TO ORDER

A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, November 9, 2016 in the Conrad E. Anderson, MD Auditorium, 2500 Mowry Avenue, Fremont, California. Director Wallace called the meeting to order at 6:00p.m. and led those present in the Pledge of Allegiance.

Roll call was taken: Directors present: Michael Wallace; William Nicholson, MD; Bernard Stewart, DDS; Patricia Danielson, RHIT; Jacob Eapen, MD

ROLL CALL

Also present: Nancy Farber, Chief Executive Officer; Timothy Tsoi, Chief of Medical Staff-Elect; Debbie Jackson, Service League 1st President; Senior Associate Administrator; Dee Antonio, Senior Executive Assistant II

Guests: Ed Fayen, Kimberly Hartz, Chris Henry, Bryant Welch, Stephanie Williams, Tina Nunez, Kristin Ferguson, Mary Bowron, John Lee, Albert Brooks, MD, Angus Cochran, Donald Pipkin

Nancy Farber, Chief Executive Officer introduced David Bromall, VP, Quality Solutions, Healthgrades and Katharine Mongoven, Associate Director, Quality Solutions. Mr. Bromall and Ms. Mongovan began their presentation with an overview of Healthgrades as the primary site consumers utilize to search, research, and verify physicians and hospitals. The 2017 Healthgrades Ratings methodology was reviewed. Washington Hospital was recognized for the following:

EDUCATION SESSION: 2016/2017 Healthgrades Awards

- <u>Distinguished Hospital Clinical Excellence</u> Among the Top 5% in the Nation for Overall Clinical Excellence for three consecutive years (1 of 56 in California, 1 of 18 in the Bay Area)
- America's 100 Best Joint Replacement 2012-2017 The only hospital in the Bay Area to receive America's 100 Best Hospitals for Joint Replacement for six consecutive years
- Orthopedic Surgery Excellence Award 2014-2017 The only hospital in the Bay Area to receive Healthgrades Orthopedic Surgery Excellence Award for four consecutive years
- <u>Joint Replacement Excellence Award 2007-2016</u> The only hospital in the Bay Area and one of only three hospitals in the State of California to receive Healthgrades Joint Replacement Excellence Award for eleven consecutive years
- General Surgery Excellence Award 2014-2017 One of only three hospitals in the Bay Area to receive Healthgrades General Surgery Excellence Award for four consecutive years
- Patient Safety Excellence Award 2015-2016 Among the top 10% in the Nation for overall patient safety, 1 of 36 in California, and 1 of 3 in the Bay Area to receive Patient Safety Excellence Award for two consecutive years
- Treatment of Heart Attack Five Star Recipient 2016-2017
- Treatment of Sepsis Five Star Recipient 2015-2017
- Total Hip Replacement Five Star Recipient 2004-2017
- Esophageal/Stomach Surgeries Five Star Recipient 2014-2017
- Total Knee Replacement Five Star Recipient 2006-2017

It was noted that Washington Hospital is rated in the top 5% in the Nation.

Ms. Farber introduced Albert Brooks, MD, Chief, Medical Affairs. Dr. Brooks presented an overview of MACRA reviewing the origins of this program and the elimination of the SGR (Sustainable Growth Rate) which originated in 1997. He noted that MACRO will change how Medicare pays clinicians including physicians, physician assistants, nurse practitioners, clinical nurse specialists, and certified registered nurse anesthetists who bill more than \$30,000 per year in Medicare charges and provide care for more than one hundred Medicare Part B patients in a given year. The timeline for the Quality Payment Program was reviewed and Dr. Brooks talked about the Merit-based Incentive Payment System (MIPS) and the ability to choose the level of participation in the transition year of the program. MIPS does not apply to hospitals or facilities. Alternative Payment Models (APMs) were also presented.

Overview of MACRA and the Implications on Reimbursement

Director Stewart moved for approval of the minutes of October 12, 17, 24, and 26, 2016.

APPROVAL OF MINUTES OF OCTOBER 12, 17, 24, and 26, 2016

Director Nicholson seconded the motion.

Roll call was taken:

Michael Wallace – aye William Nicholson, MD - aye Patricia Danielson, RHIT – aye Bernard Stewart, DDS - aye Jacob Eapen, MD – aye

The unanimously carried.

There were no oral communications.

COMMUNICATIONS: ORAL

The following written communication received from Timothy Tsoi, MD., Chief of Staff-Elect, dated October 24, 2016 requesting approval of Medical Staff Credentialing Action Items as follows:

COMMUNICATIONS: WRITTEN

Appointments:

Beissner, Irene, MD; Hsieh, Kisseng, MD; Huang, Guiqing, MD; Wong, Helen, MD

Reappointments:

Bastasch, Michael, MD; Bindal, Ashwani, MD; Chen, Kwan Sian, MD; Dharan, Murali, MD; Dolgasheva, Assol, MD; Guzman, Katarina, MD; Hua, Nancy, MD; Jhaveri, Soham, DO; Lee, Christina, MD; Lee, Connie, MD; Lipson, Brian, MD; Martin, Dianne, MD; Morrissey, Kevin, MD; Paragas, Norma, MD; Shah, Shaista, MD; Suri, Rajesh, MD; Veeraganham, Ramesh, MD; Wat, Stephen, DDS; Wright, Richard, MD; Yu, Stanley, MD

Completion of Proctoring & Advancement in Staff Category

Castro, Melanie, PA-C; Chawla, Harman, MD; Lam, Manuel, MD; Le, Benjamin, PA-C; Padrez, Ryan, MD; Sethi, Saurabh, MD; Yee, Kevin, MD

Completion of Proctoring Prior to Eligibility & Advancement in Staff Category

Zhou-Stine, Ming, MD

Extension of Proctorship and Provisional Category

Bonilla, Hector, MD; Brook, Michael, MD; Cocalis, Mark, MD; Cooper, Michael, MD; Espiritu, Chiara, MD; Obayashi, Derek, MD

New Privilege Requests

Sadiq, Ahmed, MD

Delete Privilege Requests

Bindal, Ashwani, MD; Chen, Kwan Sian, MD; Jhaveri, Soham, MD; Lee, Connie, MD; Shah, Shaista, MD; Wright, Richard, MD

Leave of Absence

Wilson, Fredrick, MD

Resignations:

Duffy, Patrick, MD; Nicholls, Ethan, MD; Skolnik, Christine, MD; Solt, Stacie, MD

Director Nicholson moved for approval of the credentialing action items presented by Dr. Tsoi.

Director Danielson seconded the motion.

Roll call was taken:

Michael Wallace – aye William Nicholson, MD - aye Patricia Danielson, RHIT – aye Bernard Stewart, DDS - aye Jacob Eapen, MD – aye

The motion unanimously carried.

Debbie Jackson, Service League President presented the Service League Report. Ms. Jackson reported that in the month of October, the Service League participated in the Think Pink Event as a contributor with a booth to promote volunteering with the theme "Volunteers Always Land on Their Feet." There were fourteen new volunteers at the October 19th orientation session. The Service League is hosting a toy drive for the SAVE organization during the holidays with collection spots in the Service League Office and the Gift Shop. The Service League Gift Shop will host their annual Holiday Show November 14th and 15th. There will be decorated trees and wreaths as raffle prizes and refreshments graciously donated by WHEA.

SERVICE LEAGUE REPORT

Dr. Timothy Tsoi reported there are 583 Medical Staff members.

MEDICAL STAFF REPORT

The Hospital Calendar video highlighted the following events:

HOSPITAL CALENDAR: Community Outreach

Past Health Promotions & Outreach Events

On Thursday, October 13th, Washington Hospital hosted the annual Think Pink Breast Health Awareness event. The event featured a health fair and presentations by

Dr. William Dugoni, general surgeon and Medical Director for the Washington Women's Center, Lorie Roffelsen, registered dietitian, and Dr. Vandana Sharma, oncologist. The program also featured Tai Chi and meditation activities. Dr. Victoria Leiphart, gynecologist, moderated the event. Over 250 people attended.

On Wednesday, October 19th, 26th, and November 2nd, Dr. Victoria Leiphart, gynecologist, presented, "Restoring Balance," a three-week stress reduction program. Ten people attended.

On Thursday, October 20th, as part of the Women Empowering Women series, Dr. Victoria Leiphart, gynecologist, presented "Keeping Your Brain Healthy." Twelve people attended.

On Thursday, October 27th, Glenmoor Elementary School in Fremont hosted a student health fair. Washington Hospital staff provided information on proper hand washing and hygiene to prevent infection and the spread of germs. Over 500 students attended.

On Saturday, October 29th, Washington Hospital screened 121 people at the Abdominal Aortic Aneurysm Screening. These aneurysms develop over time and may have no symptoms. However, if one bursts, it can cause immediate and life-threatening symptoms. Dr. Ash Jain, cardiologist and vascular surgeons Dr. John Thomas Mehigan and Dr. Gabriel Herscu, interpreted results from the Doppler screening. Of the 121 screened, one was found to have possible aortic aneurysm. A special thank you to Fremont Bank for co-sponsoring this screening.

On Wednesday, November 2nd, the Washington Community Health Resource Library in collaboration with nursing students from Samuel Merritt University hosted a health fair Cottonwood Place Senior Apartment in Fremont. This event was organized as part of the nursing student's curriculum to complete the "Support of Community-Based Clients" course. This course provides students with skills to organize health screening and assessment functions to promote well-being to clients living in the community. The nursing students provided an overview of osteoporosis and the Community Health Resource Library provided bone density screenings. 31 people were screened.

Also on Wednesday, November 2nd, Washington Sports Medicine provided a sports physical clinic for high school student athletes. The physicals were held at Irvington High School and athletes from all local schools in Fremont were invited to participate. Each student received an assessment and physical to ensure they meet the California Interscholastic Federation requirements in order to play sports. Drs. Russell Nord, Michael Goldin, and Steven Zonner provided the examinations along with help from Certified Athletic Trainers from the Washington Sports Medicine program. 71 students received sports physicals.

On Friday, November 4th, the Washington Hospital Sports Medicine Program provided athletic trainers and hosted a first aid booth at the Tri-City area Special Olympics Soccer Tournament held at Maloney Elementary School in Fremont. 347 people participated.

On Wednesday, November 9th, Dr. Jason Chu, pulmonologist, presented "Respiratory Health and Lung Cancer Prevention and Detection." 24 people attended

Upcoming Health Promotions & Community Outreach Events

On Thursday, November 10th from 6:00 to 8:00 pm, Washington Hospital is hosting a special Community Forum where Leslie D. Michelson, author of *The Patient's Playbook*, will present "Finding the No-Mistake Zone: Lessons from The Patient's Playbook." At this free talk, Mr. Michelson will share lifesaving strategies and decision-making tools that you and your family members can start using now to become more savvy health care consumers. A book signing will occur immediately following the forum.

Also on Thursday, November 10th, the Washington Hospital Sports Medicine Program will provide athletic trainers and host a first aid booth at the Tri-City area Special Olympics Soccer Tournament. The tournament will be held at American High School in Fremont.

On Saturday, November 12th, from 8:00 am to 1:00 pm Washington Hospital will host the 8th annual Diabetes Awareness Health Fair. The event will feature a health fair and presentations by Dr. Jack Meyer, endocrinologist, Dr. Steven Zonner, family practice, and Anna Mazzei, Registered Dietitian.

On Tuesday, November 15th Washington Hospital will conclude the Family Caregiver Educational Series. This six-week comprehensive series offers resources and strategies for family caregivers to provide quality care for their loved ones. Michelle Hedding, RN, Spiritual Care Coordinator, and Father Jeff Finely Palliative Care Coordinator, will present "Loss, Grief, and Recovery."

On Tuesday, November 16th from 1:00 to 3:00 pm, Maggie Guting will provide a "Healthy Holiday Cooking Demonstration."

On Thursday, November 17th from 7:00 to 8:30 pm, as part of the Women Empowering Women series, Dr. Victoria Leiphart, gynecologist, will present "Mindful Eating for the Holidays."

On Tuesday, December 6th from 6:00 to 8:00 pm, as part of the Stroke Education Series, Dr. Ash Jain, cardiologist, and Melissa Reyes, RN, will present, "Acute Management of Stroke: Chronic Care and Stroke Rehabilitation."

On Wednesday, December 7th from 6:30 to 8:00 p.m., as part of the Washington Sports Medicine and Washington Outpatient Rehab Center bimonthly education series, Dr. Russell Nord, orthopedic surgeon, will present "Why Does My Shoulder Hurt: Shoulder Pain in the Youth Athlete to the Weekend Warrior and Beyond."

Washington Hospital Healthcare Foundation Report

Washington Hospital Healthcare is preparing for the annual Trees of Angels celebration, which raises funds for hospice and palliative care. Please mark your calendar and be sure to join us at one or more of the following events:

HOSPITAL CALENDAR: Washington Hospital Foundation Report

Holiday tree lighting at Bernardin Family McDonalds, at the corner of I-680 and Mission Boulevard on Monday, November 28th at 6:00 pm

Holiday tree lighting at Washington West, 2500 Mowry Avenue, on Wednesday, November 30th at 5:30 pm.

Holiday tree lighting at Newark City Hall, 37101 Newark Boulevard, on Monday, December 5th at 6:30 pm.

Holiday tree lighting at Union City City Hall, 34009 Alvarado-Niles Boulevard, on Friday, December 9th at 5:30 pm.

<u>The Washington Township Healthcare District Board of Directors Report</u>
In the past month, district board members represented Washington Township Health Care District on Saturday, October 22nd at the Night Fever dinner dance hosted by Safe Alternatives to Violent Environments.

They also attended the Masonic Homes of California's ribbon-cutting ceremony for its Transitions short-term rehab facility on Tuesday, October 25th and the Union City State of the City Address hosted by the Union City Chamber of Commerce on

Wednesday, October 26th.

Washington Hospital Employee Association, W.H.E.A.

WHEA held the 2016 Drive for Warmth clothing drive from October 17th through October 28rd. Nine barrels of warm clothing items and blankets were collected and delivered to the Tri City Volunteers to be distributed throughout the community.

Washington On Wheels Mobile Health Clinic, W.O.W.

During the month of October, the Washington On Wheels Mobile Health Clinic (W.O.W.) continued to serve community members at the Fremont Family Resource Center, the Fremont Senior Center and the Ruggieri Senior Center in Union City.

W.O.W. also provided occupational health services, including influenza vaccines at Columbus Foods, a producer of fine foods; Mizuho OSI, a medical device company specializing in surgical tables; Boehringer Ingelheim, a pharmaceutical company; and AER Worldwide, a solution company of e-recycling, IT asset management, data security & value recovery.

On Wednesday, October 26th W.O.W. attended the Fremont Alameda Alliance event. W.O.W. provided 50 free flu vaccines to community members.

The total number of community members receiving health care from the Washington On Wheels Clinic during the month of October was 297.

Internet Marketing

There were over 23,223 visits to the hospital website in the month of October. The hospital's Employment section was the most viewed webpage with 15,333 page views, followed by the About WHHS section with 8,256 page views. The Physicians section with 7,924 page views. The Volunteers section had 2,784 page views and the Women's Health and Pregnancy section had 1,853 page views.

HOSPITAL CALENDAR: The Washington Township Healthcare District Board of Directors Report

HOSPITAL CALENDAR: Washington Hospital Employee Association, W.H.E.A.

HOSPITAL CALENDAR: Washington On Wheels Mobile Health Van

HOSPITAL CALENDAR: Internet Report

InHealth - Channel 78

During the month of October, Washington Hospital's cable channel 78, InHealth, captured new programming including a Health and Wellness Program titled "Obesity: Understanding the Causes, Consequences and Prevention" and a Sports Medicine Program called "Nutrition & Athletic Performance"

HOSPITAL CALENDAR: InHealth

In addition, InHealth aired a Diabetes Matters program named "Monitoring Matters" a Sports Medicine Program called "Big Changes in Concussion Care" and the October Board of Directors meeting.

Awards and Recognitions

Washington Hospital's Food and Nutrition Services received special recognition from Alameda County Food Bank for their donations from July through September of 2016. Washington Hospital's contribution provided the equivalent of 1,569 nutritious meals. Alameda County Food Bank expressed their gratitude for being a crucial part of the work to meet the hunger needs of the community.

HOSPITAL CALENDAR: Awards and Recognitions

On Saturday, October 22nd, Safe Alternatives to Violent Environments, SAVE, awarded Washington Hospital the Excellence in Community Partnership Award. The Hospital is a long term supporter of the SAVE organization and was recognized with this award for its unwavering dedication and compassion to those SAVE serves.

Employee of the Month

Sr. Clinical Lab Scientist, Rajvirinder Sandhu is November's Employee of the Month. Rajvirinder is valued by her peers. Her knowledge, integrity, compassion, patience, dedication and friendly nature makes her a perfect candidate for the Employee of the Month award.

HOSPITAL
CALENDAR: Employee
of the Month –
Rajvirinder Sandhu

Rajvirinder joined Washington Hospital in 1996 and for 20 years she has been a pillar of the department. Patricia Hui-Ng, Director of Laboratory Services, describes Rajvirinder as a dependable team player with a "let me help you with that" attitude. Rajvirinder is a devoted Mom by balancing work and raising a beautiful smart daughter who is currently attending Duke University.

Veterans' Dedication and Video

Ms. Farber introduced the video highlighting our employees and physicians who have served or are currently serving in the armed forces of the United States. On Veterans Day, Friday, November 11, a permanent Wall of Recognition honoring our Veterans will be unveiled.

VETERANS' DEDICATION

Kimberly Hartz, Senior Associate Administrator presented Lean Certificates and Pins to Michael Platzbecker, RN, CEN; Jimmy Chang, MSN, RN; Michael Rogers, ETC; and Kimberlee Alvri, MBA, RD, CNSC upon completion of their Lean Certification Training. This is a 12-18 month process that requires proficiency in Lean concepts and tools.

LEAN/KAIZEN UPDATE

Ms. Farber introduced Ed Fayen, Senior Associate Administrator. Mr. Fayen presented the construction update on the Morris Hyman Critical Care Pavilion. Mr. Fayen reviewed the current timeline for the project and shared photos of the exterior metal panels and glass curtain wall north and east sides, the start of Louvre installation east side, and closing the walls on the ground floor. Photos of the installation of overhead duct work, placement of electrical equipment on the third floor, and a site view of the Pavilion were also shared.

CONSTRUCTION
REPORT
Construction Update

Ms. Farber introduced Dianne Martin, MD who presented information on influenza, how it is spread, and recommendations from the Centers for Disease Control regarding annual vaccination. At Washington Hospital, all eligible inpatients are screened and vaccinated.

QUALITY REPORT: Influenza Update 2016

Chris Henry, Chief Financial Officer, presented the Finance Report for September 2016. The average daily census was 142.7 with admissions of 908 resulting in 4,282 patient days. Outpatient observation equivalent days were 317. The average length of stay was 4.7 days. The case mix index was 1.589. Deliveries were 150. Surgical cases were 362. Joint Replacement cases were 122. Neurosurgical cases were 28. Cardiac Surgical cases were 12. The Outpatient visits were 6,799 and Emergency visits were 4,162. Total productive FTEs were 1,194. FTEs per adjusted occupied bed were 6.78.

FINANCE REPORT

Ms. Farber presented the Hospital Operations Report for October 2016. Preliminary information indicated total gross revenue for the month of October at approximately \$157,865,203. The Average Length of Stay of 4.49 and there were 4,378 patient days. There were 364 Surgical Cases and 372 Cath Lab procedures at the Hospital. Deliveries for October were 147. Non-Emergency Outpatient visits were 6,767. FTEs per Adjusted Occupied Bed were 6.68. The Washington Outpatient Surgery Center had 467 cases and the clinics saw approximately 4,109 patients.

HOSPITAL OPERATIONS REPORT

Director Stewart moved for adoption of Resolution No. 1173, which is the Authorization to enter into contractual arrangements necessary for completion of the Kitchen Pipe Replacement Project.

Director Nicholson seconded the motion. Roll call was taken:

Michael Wallace – aye William Nicholson, MD - aye Patricia Danielson, RHIT – aye Bernard Stewart, DDS - aye Jacob Eapen, MD – aye CONSIDERATION OF RESOLUTION NO. 1175, AUTHORIZATION TO ENTER INTO CONTRACTUAL ARRANGEMENTS NECESSARY FOR COMPLETION OF THE KITCHEN PIPE REPLACEMENT PROJECT

The motion unanimously carried.

In accordance with Health & Safety Code Sections 1461, 1462 and 32106 and Government Section 54954.5(h) Director Wallace adjourned the meeting to closed session at 8:05 p.m., as the discussion pertained to Hospital trade secrets, Human Resources matters and Risk Management.

ADJOURN TO CLOSED SESSION

Director Wallace reconvened the meeting to open session at 8:50 p.m. and reported no reportable action was taken in closed session.

RECONVENE TO OPEN SESSION & REPORT ON CLOSED SESSION

There being no further business, Director Wallace adjourned the meeting at 8:50pm.

ADJOURNMENT

Michael Wallace

President

Patricia Danielson, RHIT

Secretary

RESOLUTION NO. 1175 KITCHEN PIPE REPLACEMENT PROJECT

WHEREAS, in the judgment of the Board of Directors of the WASHINGTON TOWNSHIP HEALTH CARE DISTRICT of Alameda County, State of California, it is necessary to secure a contract or contracts to replace the sewer lines that run through the entire length of the kitchen on property owned by the WASHINGTON TOWNSHIP HEALTH CARE DISTRICT at 2000 Mowry Avenue, in the city of Fremont, County of Alameda, in accordance with the plans, specifications and related documents for the same, all of which are on file at Washington Hospital, 2000 Mowry Avenue, City of Fremont, County of Alameda, State of California.

NOW, THEREFORE, BE IT RESOLVED, that the Secretary of the Board of Directors be, and is hereby authorized to approve bids for the REPLACEMENT OF KITCHEN PIPES, from firms that have been pre-qualified to bid on WHHS projects as a result of a publicly advertised pre-qualification process.

NOW, THEREFORE, BE IT RESOLVED, that the Chief Executive Officer of the Washington Township Health Care District is hereby authorized to enter into contractual arrangements necessary for completion of this project.

Passed and adopted by the Board of Directors of Washington Township Health Care District this 9th day of November, 2016, by the following vote:

AYES:

Directors Wallace, Stewart, Nicholson, Danielson, Eapen

NOES: ABSENT:

Michael Wallace

President of the Washington Township

Health Care/District Board of Directors

Patricia Danielson, RHIT

Secretary of the Washington Township

Health Care District Board of Directors



Memorandum

DATE:

November 9, 2016

TO:

Nancy Farber, Chief Executive Officer

FROM:

Ed Fayen, Senior Associate Administrator

SUBJECT:

Pipe Replacement Project

The sewer lines underneath the kitchen are cast iron pipes that were put in place when the building was built. We have had problems with deterioration of these pipes over a long period of time and have undertaken significant repairs to these pipes when we modernized the cafeteria and replaced the section of pipes under the dry food storage. Both projects occurred more than a decade ago. Approximately 9 years ago, the main line of pipes under the kitchen were lined with a rubberized compound which coated the pipes and covered up a series of breaks and leaks. This fix jt is now deteriorating and we are seeing evidence of this throughout the entire kitchen.

This project will replace the sewer lines that run through the entire length of the kitchen. The current arrangement has one set of pipes that runs through the kitchen out to a grease trap by the physician's entrance. It then returns about thirty feet under the kitchen to a lift station in the hospital basement where it is "pushed" out of the hospital into the main sewer lines out underneath the street. This project will replace the run of pipe to the grease trap, enlarge the grease trap, and then continue a run of pipe out to the main sewer line on Mowry Avenue.

The following is a budget estimate for the replacement of the sewer lines in the kitchen:

1.	Construction	\$ 1,800,000
II.	Design and Engineering Consulting Fees	\$ 18,000
111.	Administration Costs	
	a. Project Management	\$.80,000
	b. Inspector of Record	\$ 36,000
	c. Permit Fees / OSHPD	<u>\$ 28,000</u>
	Total	\$ 1,962,000

This repair and maintenance project was not included in the fiscal year 2017 construction budget.

I am recommending that the Board of Directors adopt Resolution Number 1175 which will provide for the consideration of pipe replacement for the kitchen for an amount not to exceed \$1,962,000.

Memorandum November 9, 2016 Page 2

In accordance with District law policies and procedures, please approve this project to include the authorization for completion of construction documents by the hospital engineering firm and the authorization by the Secretary of the Board of Directors to accept bids for this project.