

A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, August 10, 2016 in the Conrad E. Anderson, MD Auditorium, 2500 Mowry Avenue, Fremont, California. Director Nicholson called the meeting to order at 6:01p.m. and led those present in the Pledge of Allegiance.

*CALL TO ORDER*

Roll call was taken: Directors present: William Nicholson, MD; Bernard Stewart, DDS; Patricia Danielson, RHIT; Jacob Eapen, MD  
Excused: Michael Wallace

*ROLL CALL*

Also present: Nancy Farber, Chief Executive Officer; Kranthi Achanta; Chief of Medical Staff; Debbie Jackson; Service League 1<sup>st</sup> President; Christine Flores, District Clerk

Guests: Kimberly Hartz, Ed Fayen, Chris Henry, Bryant Welch, Stephanie Williams, Tina Nunez, Kristin Ferguson, Mary Bowron, John Lee, Albert Brooks, MD, Angus Cochran, Donald Pipkin, Kristi Caracappa, Brenda Brennan, Ash Jain, MD, Doug Van Houten

Nancy Farber, Chief Executive Officer introduced Kristi Caracappa, Health Insurance Information Service Coordinator. Ms. Caracappa presented on the Washington Hospital Employee Association (WHEA). WHEA was founded in 1971. Currently there are 927 dues paying members. The Festival of the Arts Parking is WHEA's biggest fundraiser for the year, this past weekend, WHEA made \$6,300 for parking at the 2500 West building. WHEA events include sporting events – A's, Giants, Warriors, and San Jose Sharks, as well as Great America, SHN Theater Group, Alameda County Fair tickets and the annual pumpkin carving contest. Ms. Caracappa continued by sharing community support: Abode, SAVE (Safe Alternatives to Violent Environments), Blood Drives, Backpack drives, and Clothing for Patients. Ms. Caracappa discussed Don Pickinpaugh Memorial Scholarship and what the requirements are, followed by the presentation of a certificate to the recipient of this year's WHEA Don Pickinpaugh Memorial Scholarship, Hannah Leuterio.

*EDUCATION SESSION:  
Washington Hospital  
Employee Association  
(WHEA)*

Director Danielson moved for approval of the minutes of July 13, 18, 25, and 27, 2016.

*APPROVAL OF  
MINUTES OF JULY 13,  
18, 25, AND 27, 2016*

Director Stewart seconded the motion.

Roll call was taken:

William Nicholson, MD - aye  
Patricia Danielson, RHIT – aye  
Bernard Stewart, DDS - aye  
Jacob Eapen, MD – aye  
Michael Wallace – away

The motion carried.

Director Nicholson took the agenda out of order and continued with written communications.

Before presenting this month's credentialing report, Dr. Tsoi made a brief statement informing the Board that Dr. Achanta misspoke in his credentials report at the July 13, 2016 meeting. The medical staff report for Drs. Asfour and Ho was indeed

*COMMUNICATIONS:  
WRITTEN*

correct, as written with both physicians requesting deletion of Internal Medicine privileges.

The following written communication received from Timothy Tsoi, MD., Chief of Staff Elect, dated July 25, 2016 requesting approval of Medical Staff Credentialing Action Items as follows:

Appointments:

Belay, Abren, MD; Hsu, Wendy, MD; Solimani, Nazhat, MD; Wang, Yi-Chiun, MD

Temporary Privileges:

Belay, Abren, MD; La Rock, Kristi, PA-C; Sharma, Vandana, MD; Solimani, Nazhat, MD; Wang, Yi-Chiun, MD; Wilson, Vanessa, MD

Locum Tenens:

Ranzenback, Edward, MD

Emergency Temporary Privileges for Specific Patient Care:

Grewal-Bahl, Ranu, MD

Reappointments:

Banipalsin, Sarkis, MD; Bauer, Kevin, MD; Cabebe, Elwyn, MD; Chawla, Varun, MD; Che, Qi, MD; Cheng, Walter, MD; Cole, Alexandra, MD; Curran, Steven, MD; Dastgah, Amir, DPM; Ge, Mei, MD; Giddens, John, MD; Halimi, Kadeer, MD; Harmon, Michael, MD; Husain, Lubna, MD; Hyder, Shakir, MD; Kaiser, Sunitha, MD; Kane, Amy, MD; Kapila, Rishi, MD; Kimm, Simon, MD; Kompella, Suvarchala, MD; Lam, Khoi, MD; Lin, Kirk, MD; Miller, David, MD; Molina, Ricardo, MD; Raj, Kavitha, MD; Ranchod, Tushar, MD; Saunders, Andrew, MD; Sharma, Anamika, MD; Slack, Alison, MD; Solt, Stacie, MD; Spira, Alan, MD; Srivasta, Arun, MD; Sud, Sohil, MD; Sundar, Shalini, MD; Sweeney, Daniel, MD; Wong, Francis, DO

Conditional Reappointments:

Reen, G.S., MD

Completion of Proctoring & Advancement in Staff Category:

Ge, Benjamin, MD; Wong, Candy, MD

Completion of Proctoring Prior to Eligibility for Advancement in Staff Category

Franco, Kelly, NP; Ray, Vincent, MD; Kwok, Joseph, MD

New Privilege Requests

Sharma, Vandana, MD; Wilson, Vanessa, MD

Delete Privilege Requests

Cabebe, Elwyn, MD; Cheng, Walter, MD; Curran, Steven, MD; Kapila, Rishi, MD; Kompella, Subarchala, MD; Miller, David, MD; Saunders, Andrew, MD; Sud, Sohil, MD; Sundor, Shalini, MD

Resignations:

Lee, Samman, PA-C; Nguyen, Khoa, MD

Director Stewart moved for approval of the credentialing action items presented by Dr. Tsoi.

Director Danielson seconded the motion.

Roll call was taken:

William Nicholson, MD - aye  
Patricia Danielson, RHIT – aye  
Bernard Stewart, DDS - aye  
Jacob Eapen, MD – aye  
Michael Wallace – away

The motion carried.

Director Nicholson continued with the agenda out of order and asked Debbie Jackson, Service League President to present the Service League Report.

Debbie Jackson, Service League President presented the Service League Report. Ms. Jackson shared that in the month of August, Dian Zarzycki resigned from the Infusion Pilot Program. They will recruit more volunteers if approved by the board next month. Presently Sidne Margolis and Ms. Jackson are staffing the program. The Gift Shop is progressing forward in addressing the changes and staffing. Ms. Jackson attended the Las Vegas Market Show; the experience was impactful and informative. For the month of August, total staffing hours from all volunteers were 3,444.

*SERVICE LEAGUE  
REPORT*

Ash Jain, MD presented the Washington Hospital Stroke Program Presentation. Dr. Jain shared the components of a Stroke Program, changes in Census, Clinical Quality Outcomes and Risk Adjusted Mortality Rates in Ischemic Stroke, and Ischemic and Hemorrhagic. Dr. Jain continued by discussing performance improvements, stroke education, community education, patient education, staff and Physician education and shared Washington Hospitals achievements.

*COMMUNICATIONS:  
ORAL*

Dr. Timothy Tsoi reported there are 576 Medical Staff members.

*MEDICAL STAFF  
REPORT*

**The Hospital Calendar video highlighted the following events:**

*HOSPITAL CALENDAR:  
Community Outreach*

**Past Health Promotions & Outreach Events**

The 2016 Central Park Summer Concert Series concluded on August 11<sup>th</sup>. The concerts were held at the Central Park Performance Pavilion. Washington Hospital was the co-presenting sponsor and provided health information and health screenings during the 6-week concert series.

Representatives from the Sandy Amos, RN, Infusion Center, Urgent Care, and Wellness Center were at the final concert.

On Tuesday, August 16<sup>th</sup>, as part of the Palliative Care Community Presentations, Father Jeff Finley, moderated the “Palliative Care: How Can This Help Me?” panel discussion.

On Thursday, August 18<sup>th</sup>, as part of the Women Empowering Women series, Dr. Victoria Leiphart, gynecologist, presented "How to Sleep Your Way to Better Health"; 14 people attended.

On Tuesday, August 23<sup>rd</sup>, Dr. Jason Van Tassel, otolaryngologist, presented "Obstructive Sleep Apnea: New Options for Treatment"; 112 people attended.

On Tuesday, September 6<sup>th</sup> as part of the Speaker's Bureau, Kristi Caracappa, Health Insurance Information Service Coordinator, provided an overview of the Health Insurance Information Service program to the Newark Rotary; 18 people attended.

On Thursday, September 8<sup>th</sup>, Dr. Victoria Leiphart, gynecologist, presented "Mindful Healing"; 54 people attended.

On Tuesday, September 13<sup>th</sup>, as part of the Washington Women's Center Lunch and Learn Series, Dr. Vandana Sharma, oncologist, presented "Early Detection and Prevention of Female Cancers."

#### **Upcoming Health Promotions & Community Outreach Events**

On Thursday, September 15<sup>th</sup> from 7:00 to 8:30 pm, as part of the Women Empowering Women series, Dr. Victoria Leiphart, gynecologist, will present "Decoding Vitamins and Supplements."

Also on Thursday, September 15<sup>th</sup> from 7:00 to 9:00 pm, Kristi Caracappa, Health Insurance Information Service Coordinator, will present "New to Medicare: What You Need to Know". This seminar will repeat on Thursday, September 22<sup>nd</sup> from 7:00 to 9:00 p.m.

On Sunday, September 18<sup>th</sup> Washington Hospital and Washington Township Medical Foundation will provide information on health related programs and services during the Community Information Faire at the City of Newark's 61<sup>st</sup> Anniversary of Newark Days. Newark Days is an annual celebration of the City's incorporation.

On Tuesday, September 20<sup>th</sup> from 6:30 to 8:00 pm, as part of the Palliative Care Community Presentations, Michelle Hedding, RN, Spiritual Care Coordinator, will moderate the "Interfaith Discussion on End of Life Topics" panel discussion.

On Wednesday, September 21<sup>st</sup> from 1:00 to 3:00 pm, Anna Mazzei, registered dietitian, will present "New Dietary Guidelines Support Healthy Choices."

Also on Wednesday, September 21<sup>st</sup>, as part of the Speaker's Bureau, Kristi Caracappa, Health Insurance Information Service Coordinator, will provide an overview of the Health Insurance Information Service program to the Optimist Club of Newark.

On Saturday, September 24<sup>th</sup> from 7:00 to 11:00 am, Washington Hospital will staff an information booth at the HERS KEEP ABREAST 5K and 10K run/walk and Health Expo at Quarry Lakes in Fremont.

On Tuesday, September 27<sup>th</sup> Dr. Carmencita Agcaoili, critical care medicine, and Dr. Kadeer Halimi, emergency medicine, will present "Learn the Signs and Symptoms of Sepsis."

On Thursday, September 29<sup>th</sup>, Washington Hospital will participate in the City of Fremont Health Fair. Washington Hospital staff will provide health education, along with glucose and cholesterol screenings.

Also on Thursday, September 29<sup>th</sup>, from 6:00 to 8:00 pm, Dr. Michael Parmley, internist, will present, "Preventive Screenings; When and Why are They Important."

On Tuesday, October 4<sup>th</sup>, from 6:00 to 8:00 pm, Dr. Prasad Katta, endocrinologist, and Vida Reed, RN, will present, "Stop Diabetes Before It Starts."

Also on Tuesday, October 4<sup>th</sup>, from 6:00 to 8:00 pm, as part of the Stroke Education Series, Dr. Ash Jain, cardiologist, and Melissa Reyes, RN, will present "Living with Stroke: Future in Diagnosis and Management."

On Wednesday, October 5<sup>th</sup>, as part of the Washington Sports Medicine and Washington Outpatient Rehab Center bi-monthly education series, Kimberlee Alviri, registered dietitian, will present "Nutrition and Athletic Performance."

On Thursday, October 6<sup>th</sup>, as part of the Diabetes Matters Series, ABC, will present, "ABC."

On Tuesday, October 11<sup>th</sup> from 10:00 am to 1:00 pm, Kristi Caracappa, Health Insurance Information Service Coordinator, will present "Medicare Options: What You Need to Know."

### **Washington Hospital Healthcare Foundation Report**

The Washington Hospital Healthcare Foundation will host the 30<sup>th</sup> Annual Top Hat gala on Saturday, October 8th. Proceeds from the evening will benefit Washington Hospital's Prenatal Diagnostic Center, a new clinical service offering critical prenatal care to expecting mothers with high-risk pregnancies. The Center will provide exceptional benefits to our community, including decreasing instances of low birth weight, improving pregnancy outcomes and improving newborn and infant health. Additionally, it will enable many high-risk expecting mothers to deliver at Washington Hospital without having to travel outside the District for this specialized service. This year's gala co-chairs, Dr. Albert Brooks, Dr. Bettina Kirkjian and Marlene Weibel promise that this 30<sup>th</sup> anniversary gala is not to be missed.

*HOSPITAL CALENDAR:  
Washington Hospital  
Foundation Report*

### **The Washington Township Healthcare District Board of Directors Report**

Washington Township Healthcare District Board Members attended the Ohlone College Golf Tournament on September 12th.

*HOSPITAL CALENDAR:  
The Washington  
Township Healthcare  
District Board of  
Directors Report*

### **Washington Hospital Employee Association, W.H.E.A.**

WHEA's Back to School Drive, "Fill a Back Pack Challenge," was a huge success. All together, hospital departments collected 22 backpacks, several bags of supplies and \$1,160 in cash donations. With the supplies and funds collected WHEA was

*HOSPITAL CALENDAR:  
Washington Hospital  
Employee Association,  
W.H.E.A.*

able to fill and donate 40 backpacks and five bags of back-up school supplies to those served at Abode Services and SAVE.

WHEA will be hosting the American Red Cross who will hold a blood drive from 12 to 6 p.m. on Friday, September 23<sup>rd</sup>, in the Conrad E. Anderson, MD, Auditorium, room C. To schedule an appointment to give blood, call (800) RED-CROSS or visit [redcrossblood.org](http://redcrossblood.org) and enter the sponsor code: WHHS. WHEA's Back to School Drive, "Fill a Back Pack Challenge," was a huge success. All together, hospital departments collected 22 backpacks, several bags of supplies and \$1,160 in cash donations. With the supplies and funds collected WHEA was able to fill and donate 40 backpacks and five bags of back-up school supplies to those served at Abode Services and SAVE.

WHEA will be hosting the American Red Cross who will hold a blood drive from 12 to 6 p.m. on Friday, September 23<sup>rd</sup>, in the Conrad E. Anderson, MD, Auditorium, room C. To schedule an appointment to give blood, call (800) RED-CROSS or visit [redcrossblood.org](http://redcrossblood.org) and enter the sponsor code: WHHS.

**Washington On Wheels Mobile Health Clinic, W.O.W.**

During the month of August, the Washington On Wheels Mobile Health Clinic (W.O.W.) continued to serve community members at the Fremont Family Resource Center, the Fremont Senior Center and the Ruggieri Senior Center in Union City.

Washington On Wheels continued with the Summer's free glucose screenings at Centro de Servicios in Union City, as well as all regularly scheduled community sites.

In August, W.O.W. provided glucose screenings to 54 individuals and of those 5 people tested had higher than normal glucose levels. They are undergoing further testing and treatment for Diabetes. The total number of community members receiving health care from the W.O.W. Clinic during the month of August was 122.

**Internet Marketing**

There were over 28,809 visits to the hospital website in the month of July. The hospital's Employment section was the most viewed webpage with 17,039 page views, followed by the About WHHS section with 9,336 page views. The Physicians section with 9,036 page views. The Volunteers section had 3,456 page views and the Women's Health and Pregnancy section had 2,175 page views.

**InHealth - Channel 78**

During the month of August, Washington Hospital's cable channel 78, InHealth, captured new programming including a Health and Wellness Program titled "Obstructive Sleep Apnea: New Options for Treatment," a Palliative Care Community Presentation called "Palliative Care: How Can This Help Me?," a Sports Medicine Program named "Big Changes in Concussion Care," and a Diabetes Matters program titled "Monitoring Matters." In addition, InHealth aired a Health and Wellness programs titled "Skin Health: What You Need to Know," the August Board of Directors meeting and the August Citizen's Bond Oversight Committee Meeting.

*HOSPITAL CALENDAR:  
Washington On Wheels  
Mobile Health Van*

*HOSPITAL  
CALENDAR:  
Internet Report*

*HOSPITAL  
CALENDAR:  
InHealth*

**Awards and Recognitions**

Washington Hospital is proud to announce that it has achieved Magnet® recognition, the highest honor granted by the American Nurses Credentialing Center (ANCC). As a Magnet-recognized organization, Washington Hospital remains among the 7.8 percent of hospitals nationwide that have received the highest national credential for nursing excellence, serving as the gold standard for nursing practice. This honor required evaluation by the ANCC to determine if Magnet standards were met. This process was both rigorous and thorough for all involved—from the bedside nurses to department heads, and support staff from throughout the Hospital, the executive team and members of the board of directors. Magnet recognition is an impressive and important distinction for the organization and staff as well as the communities served. With this achievement, Washington Hospital joins the country's Magnet community — a select group of domestic health care organizations. This prestigious honor reaffirms Washington Hospital's dedication to the Patient First Ethic and providing the highest quality of nursing care.

*HOSPITAL  
CALENDAR:  
Awards and  
Recognitions*

**Employee of the Month**

Information Security Engineer, Victor Salazar is August's Employee of the Month. Victor is deserving of the award for his professionalism, reliability, and integrity. Victor joined Washington Hospital's Information Services Department in 2013 after his work on the Epic system rollout as a contractor. He has been and continues to be an asset on many projects and work assignments. Victor has always been extremely helpful with completing any task and resolving issues no matter how difficult. He makes sure his fellow colleagues and customers are satisfied with the results of a request and enable them to complete their work securely. Victor is married to a nurse and has two young children. In his free time, he enjoys taking his family to Giants and Warriors games as well as going to parks.

*HOSPITAL  
CALENDAR: Employee  
of the Month – Victor  
Salazar*

Nancy Farber, Chief Executive Officer introduced Kimberly Hartz, Senior Associate Administrator. Ms. Hartz presented the Lean Leader Certification presentation. Ms. Hartz discussed their purpose of the certification is to promote and lead Kaizen activities in the institution and to train others in lean methodology. The Lean Certification Training is a 12-19 month process which requires proficiency in Lean concepts and stools and candidates are evaluated for successful performance in each step of the process. The Lean Certification requires 8 full-days of classroom education taught by the Rona Consulting group, participation in 1 Value Stream mapping workshop, participation in 1 Kaizen Workshop, acting as a Team Lead for 1 Kaizen workshop and acting as Workshop Lead for 1 Kaizen workshop. TO date, 10 managers and 2 Physicians have been certified. Brenda Brennan, Kristin Ferguson, Bettina Kurkjian, Donald Pipkin and Debra Brooks all received their Lean certificates and pins.

*LEAN/KAIZEN  
UPDATE*

Nancy Farber, Chief Executive Officer introduced Ed Fayen, Senior Associate Administrator. Mr. Fayen presented the construction update on the parking garage and the Morris Hyman Critical Care Pavilion. Mr. Fayen shared photos of the laying of sod in the South Bio Swale areas, the East Side Bio retention area, the Electric

*CONSTRUCTION  
REPORT  
Construction Update*

Vehicle (EV) Charging stations on the first floor, as well as the security fence installation. Mr. Fayen went on to share progress on the Morris Hyman Critical Care Pavilion. Photos of the ground floor South East Corner, Rooms B081, B080, and B044 were shared as well as overhead drains and vents on level 2, framing at the North East Landscape Garden Area Level 2, the placing of concrete curbs and equipment pads on the roof, as well as scaffolding on the west side. A photo of the site view of Phase 2 was also shared.

Nancy Farber, Chief Executive Officer introduced Mary Bowron, Senior Director of Quality & Resource Management. Ms. Bowron reported on Infection Prevention at Washington Hospital: Preventing Clostridium Difficile Infections. Clostridium Difficile Infection is a contagious bacterial infection causing severe gastrointestinal disease; it is commonly located in a healthy gut, affects 20% of people there are typically no symptoms. Symptoms of this disease include diarrhea, fever, loss of appetite, nausea and abdominal pain. Ms. Bowron shared treatment for the disease as well as risk factors as well ways for preventing the disease. Ms. Bowron continued by sharing the national focus on C-difficile, recommended strategies to reduce C-Difficile, steps taken at Washington Hospital, and five facts about antibiotic use.

*QUALITY REPORT:  
Infection Prevention at  
Washington Hospital:  
Preventing Clostridium  
Difficile Infections*

Chris Henry, Chief Financial Officer, presented the Finance Report for June 2016. The average daily census was 141.1 with admissions of 956 resulting in 4,232 patient days. Outpatient observation equivalent days were 209. The average length of stay was 4.39 days. The case mix index was 1.619. Deliveries were 151. Surgical cases were 380. Joint Replacement cases were 136. Neurosurgical cases were 27. Cardiac Surgical cases were 11. The Outpatient visits were 7,173 and Emergency visits were 4,054. Total productive FTEs were 1,169.4. FTEs per adjusted occupied bed were 7.21.

*FINANCE REPORT*

Ms. Farber presented the Hospital Operations Report for July. Preliminary information indicated inpatient revenue for the month of June at approximately \$158,000,000. There were 943 patient admissions with an Average Length of Stay of 4.40 and patient days of 4,342. There were 363 Cath Lab procedures and 368 surgical cases at the Hospital. Deliveries for July were 137. Non-Emergency Outpatient visits were 6,703. FTEs per Adjusted Occupied Bed were 6.0. The clinics saw approximately 3,300 patients.

*HOSPITAL  
OPERATIONS REPORT*

Director Stewart moved for adoption of Resolution No. 1171, which will provide for the Renovation and relocation of the Fremont Clinic for an amount not to exceed \$1,626,528. Also, in accordance with District Law, Policies and Procedures, Director Stewart moved for approval of this project to include the authorization by the Secretary of the Board of Directors to accept bids for the relocation of the Washington Urgent Care from firms that have pre-qualified to bid on WHHS projects as a result of a publicly advertised pre-qualification process.

*CONSIDERATION OF  
RESOLUTION NO. 1171,  
RENOVATION OF 2500*

Director Danielson seconded the motion.  
Roll call was taken:



Michael Wallace – away  
William Nicholson, MD - aye  
Patricia Danielson, RHIT – aye  
Bernard Stewart, DDS - aye  
Jacob Eapen, MD - aye

The motion carried.

In accordance with Health & Safety Code Sections 1461, 1462, and 32106 and Government Code Section 54954.6(h). Director Nicholson adjourned the meeting to closed section at 8:04p.m. as the discussion pertained to Hospital trade secrets, human resources matters and risk management.

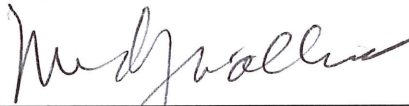
*ADJOURN TO CLOSED  
SESSION*

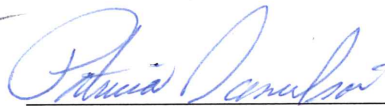
Director Nicholson reconvened the meeting to open session at 8:58p.m. and reported no action was taken in closed session.

*RECONVENE TO OPEN  
SESSION & REPORT ON  
CLOSED SESSION*

There being no further business, Director Nicholson adjourned the meeting at 8:59p.m.

*ADJOURNMENT*

  
\_\_\_\_\_  
Michael Wallace  
President

  
\_\_\_\_\_  
Patricia Danielson, RHIT  
Secretary