

A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, June 11, 2014 in the Conrad E. Anderson, MD Auditorium, 2500 Mowry Avenue, Fremont, California. Director Stewart called the meeting to order at 6:02 p.m. and led those present in the Pledge of Allegiance.

*CALL TO ORDER*

Roll call was taken. Directors present: Bernard Stewart, DDS, William Nicholson, MD, Patricia Danielson, RHIT, Jacob Eapen, MD, Michael Wallace

*ROLL CALL*

Also present: Nancy Farber, Chief Executive Officer, Peter Lunny, Chief of Medical Staff, Jose Aguirre, Service League 1<sup>st</sup> Vice President, Christine Nguyen-Flores, Executive Assistant

Guests: Kimberly Hartz, Ed Fayen, Chris Henry, Bryant Welch, Stephanie Williams, Tina Nunez, Janice Stewart, Kristin Ferguson, Larry Bowen, Kent Joraanstad, David Hayne, Vera Teyrovsky, Chris Brown, Donald Pipkin, Albert Brooks, MD, Mary Bowron, Ruth Traylor, Kathy Hunt, Nicholas Legge, Mark Chatman, Bill Emberley, Susan Allen

Ms. Farber introduced Chris Henry, Chief Financial Officer and Donald Pipkin, Assistant Chief of Strategic Management. Ms. Farber presented Changing Realities in Hospital Finance and introduced Chris Henry, Chief Financial Officer and Donald Pipkin, Assistant Chief of Strategic Management. Ms. Farber noted the objective is to develop a common understanding of a problem that every Hospital in the country faces in the wake of the Affordable Care Act.

*EDUCATION SESSION:  
Changing Realities in  
Hospital Finance*

Mr. Pipkin discussed the environment in which healthcare providers are currently operating by looking at the National Environment, State Environment, Response Examples & Impact, and New Reality and WHHS Figures. The most visible component of the National Healthcare Environment is the Affordable Care Act. There are certain components that have been implemented which include: individual mandate that required individuals to have health insurance, insurance exchanges, dependent coverage to age 26, pre-existing condition exclusion, electronic health record mandate, and increased access to Medicaid. The Federal payment reforms for hospitals have not been delayed and are continuing to see downward pressures on reimbursement. Mr. Pipkin reported the implementation of Covered California noting the declining of Medi-Cal Reimbursement Rates, employers continuing to shift health care expenses to their employees, Commercial payors following the lead of Centers for Medicare and Medicaid Services (CMS) are exploring new payment models, with downward pressure on reimbursements including Accountable Care organizations, pricing transparency, narrowly defined networks, and at-risk contracting.

Mr. Henry reported on Value-Based Purchasing Adjustment noting the CMS initiative intended to provide incentive payments, based on the quality of care provided to Medicare patients. This is determined by scoring three sets of measures which include process measures, patient satisfaction measures, and mortality rates. Mr. Henry continued by sharing the Hospital Readmission Adjustment established by the Affordable Care Act. This reduces payments to hospitals with higher readmission rates (within 30 days of discharge) for Medicare patients with specific conditions which include Acute Myocardial Infarction, Health Failure, and Pneumonia for 2014 and in 2015 additional conditions will be added which include Chronic Obstructive Pulmonary Disease and Total Hip and Knee Arthroplasty.

Director Danielson moved for approval of the minutes of May 14, 19, 27, and 28, 2014. Director Nicholson seconded the motion.

*APPROVAL OF MINUTES  
OF MAY 14, 19, 27, AND  
28, 2014*

Roll call was taken:

Bernard Stewart, DDS - aye  
William Nicholson, MD - aye  
Patricia Danielson, RHIT - aye  
Jacob Eapen, MD – aye  
Michael Wallace – aye

The motion unanimously carried.

There were no oral communications.

*COMMUNICATIONS  
ORAL*

The following written communication was received from Peter Lunny, M.D., Chief of Staff, dated May 27, 2014, requesting approval of Medical Staff Credentialing Action Items as follows:

*COMMUNICATIONS  
WRITTEN*

Appointments:

Carpenter, Christopher, MD; Cayetano, Jacqueline, PA-C; Depper, Julie, PA-C; Henderson, Gavin, MD

Reappointments:

Barzin, Ario, MD; Brooks, Rona, MD ; Chen, Fulton S., MD; El-Sayed, Yasser Y., MD; Haws, Kelly K., PA-C; Henstorf, Jan E., MD; Jeffrey, Keith A., PA-C; Jiang, Lei, PA-C; Krishnan, Savitha, MD; Kumar, Pradeep, MD; Mark, Nancy H., MD; Okamoto, Eric, MD; Rodwell, Graham E., MD; Romano, John A., MD; Rose, Barry A., MD; Sah, Alexander P., MD; Wadhvani, Rita R., MD; Wong, Christina, MD

Conditional Reappointment – One Year Approval:

Ali, Zulfiqar, MD and Multani, Jasbir K. (“Jenny”), MD

Non-Reappointments – Deemed to have Resigned:

Klees, Stephanie A., MD

Resignations:

Lai, Jennifer W., M.D; Narla, Rajender, R., M.D; Rema, Kuttancheri V., MD

Director Wallace moved for approval of the credentialing action items. Director Nicholson seconded the motion.

Roll call was taken:

Bernard Stewart, DDS - aye  
William Nicholson, MD - aye  
Patricia Danielson, RHIT - aye  
Jacob Eapen, MD – aye  
Michael Wallace – aye

The motion unanimously carried.

Gail Tomita, Service League President presented the Service League Report. Ms. Tomita shared the ladies of the quilting group Nimble Thimbles once again provided quilts for the babies in Special Care Nursery. The volunteers made kimonos and fleece blankets for the nursery. Ms. Tomita brought samples of the blankets and kimonos to share with the Board.

*SERVICE LEAGUE  
REPORT*

Dr. Lunny reported there are 502 Medical Staff members.

*MEDICAL STAFF  
REPORT*

**The Hospital Calendar video highlighted the following events:**

*HOSPITAL CALENDAR:  
Community Outreach*

On May 20th, best-selling author and speaker, Marcus Engle presented to the physicians, employees and volunteers on his story of recovery after being blinded and catastrophically injured by a drunk driver. Speaking about his book "The Other End of the Stethoscope" he shared insights to assist all healthcare providers to provide excellent patient care; over 150 people attended.

On May 21st, Dr. Kadeer Halimi, emergency room physician and Dr. Daniel Sweeney, intensivists, presented "Don't Let Severe Infection Take Over Your Body!" Katie Choy, R.N. moderated the program; 33 people attended.

On May 28th, Kristi Caracappa, Health Insurance Information Service Coordinator, presented to the Better Breathers on Medicare and Durable Medical Equipment. Information was also provided on Advanced Health Care Directives and POLST forms, which stands for (physician orders for life sustaining treatment); 35 People attended

On June 3rd, Washington Hospital held a Rose Garden Remembrance. The event provided an opportunity for the Hospital community to remember those who have passed away while serving as Washington Hospital employees, physicians, volunteers or Board members. Employees Nancy Jo Edwards and Cindy McIntosh were remembered at the June 3rd event. Michelle Hedding, Spiritual Care Coordinator, provided non-denominational reflections.

On June 3rd, Dr. Ash Jain, cardiologist and Dr. John Thomas Mehigan, vascular surgeon, presented "Peripheral Vascular Disease: Learn Your risk for Heart Attack and Stroke"; 42 People attended.

On June 5th, as part of the Diabetes Matters Program, Kimberlee Alvari, Registered Dietitian presented "Healthy or Hoax: Smart Food Choices"; 30 people attended

On June 6th, Washington Hospital participated in the 4 Seasons of Health Senior Health Fair. This event featured more than 100 vendors providing information for seniors. Washington Hospital offered bone density screenings for osteoporosis and information on health insurance options; 83 bone density screenings were provided and over 500 people attended the event

On June 7th as a follow up from the Peripheral Vascular Seminar, Dr. Ash Jain, cardiologist, Dr. John Thomas Mehigan, vascular surgeon, and Dr. Gabriel Herscu, Vascular Surgeon, screened for Peripheral Vascular Disease. This free screening

involved a Doppler study of the blood flow in peripheral limbs and provided information on whether a person may have Peripheral Vascular Disease. A total of 97 people were screened. Of the 97, 4 were found to have possible arterial disease and 15 were found to have other vascular issues requiring follow up.

### **Upcoming Health Promotions & Community Outreach Events**

On Thursday, June 19th, from 12 noon to 2pm, Kristi Caracappa, Health Insurance Information Services Coordinator, will present on Medicare to the Seniors in Retirement (SIRS) group, at the Newark Pavilion.

On Saturday, June 21st, from 11am to 1:30 pm, Washington Hospital will participate in the Tropics Senior Health and Resource Fair. Information on nutrition and diabetes will be presented.

On Tuesday, July 1st, from 6 to 8pm, as part of the Stroke Education Series, Dr. Ash Jain, cardiologist and Doug Van Houten, R.N., will present, "Introduction – Stroke" and "Risk Factors for Stroke."

The 2014 Central Park Summer Concert Series kicks off on Thursday, July 10th. Washington Hospital is the co-presenting sponsor. All concerts are held at the Central Park Performance Pavilion on Thursdays from 6:00 to 8:00 pm and are free and open to the public. Washington Hospital will be providing health information and health screenings during this 6-week concert series

On July 19th, Washington Hospital and the Taylor McAdam Bell Neurosciences Institute will host the Seventh Bay Area Symposium on Advances in Neurosciences. World-class neurologists, neurosurgeons, radiation oncologists and other health care professionals will be speaking at the Symposium. Nationally and internationally recognized experts will discuss a wide range of topics focused on neurological diseases, disorders, and treatment approaches. The Program Coordinators are Dr. Sandeep Kunwar, neurosurgeon, Dr. David Larson, Radiation Oncologist, and Dr. Moses Taghioff, neurosurgeon.

### **Washington Hospital Healthcare Foundation Report**

On October 11, the Washington Hospital Healthcare Foundation will host the 28th annual Top Hat dinner dance. This year's gala will be co-chaired by Rod Silveira and Skip Turner, the owners of Professional Home Care Associates and Neurosport, and Dr. Jan Henstorf, Chief Medical Information Officer at Washington Hospital. The trustees of the Foundation have designated the proceeds from this year's Top Hat gala towards the Washington Special Care Nursery. This unit in the hospital cares for babies born prematurely or with life-threatening conditions. Funds from the gala will support patients' families and provide technology upgrades. At an event held on May 15 to celebrate Fremont Bank's 50th Anniversary, Washington Hospital Healthcare Foundation was the recipient of a \$10,000 unrestricted grant.

*HOSPITAL CALENDAR:  
Washington Hospital  
Foundation Report*

**Washington Hospital Employee Association, W.H.E.A.**

During the month of May, the Washington Hospital Employee Association participated in the Employee Health and Safety Fair which was held during hospital week. In addition, WHEA held their annual dues drive and signed up 10 WHEA new members. WHEA members have access to discounted tickets for local attractions such as sporting events and amusement parks. WHEA members also provide donations of time and goods to local charitable organizations.

*Washington Hospital  
Employee Association,  
W.H.E.A.*

**Washington On Wheels Mobile Health Clinic, W.O.W.**

During the month of May, the Washington On Wheels Mobile Health Clinic (W.O.W.) continued to serve community members at the Fremont Senior Center, Fremont Family Resource Center, Silliman Activity Center in Newark and the New Haven Adult School and Ruggeri Senior Center both located in Union City. Washington On Wheels provided occupational medical services including pulmonary function tests and ERT physicals to 10 employees at Excelitas Technologies. W.O.W. also provided tuberculosis screening for 15 employees of the Newark Unified School District.

*HOSPITAL CALENDAR:  
Washington On Wheels  
Mobile Health Van*

In June, Washington On Wheels began offering free blood sugar screenings for community members at all sites visited by W.O.W. These free screenings have been offered each summer since 2005 and provide an opportunity for the community to be screened for diabetes. Diabetes is a chronic disease that has no cure and can cause many serious complications such as eye disease, kidney failure, and nerve damage. Having diabetes significantly increases ones risk of stroke and heart disease.

**Internet Marketing**

There were over 41,490 visits to the hospital website in the month of May. The hospital's Physician Finder section was the most viewed webpage with 12,779 page views, followed by the Volunteers section with 10,119 and the Employment section with 9,666 page views. The About WHHS section had 7,439 views and the Women's Health and Pregnancy with 2,489.

*HOSPITAL CALENDAR:  
Internet Report*

**InHealth - Channel 78**

During the month of May, Washington Hospital's cable channel 78, InHealth, taped new programming including the May Board of Directors meeting, a Diabetes Matters Program titled "Insulin: Everything You Want to Know", two Health and Wellness Seminars "Do You Have Knee Pain? Learn the Latest Treatment Options," and "Don't Let Severe Infection Take Over Your Body" and a Healthy Knowledge at Noon seminar "Guilt Free Cinco de Mayo Cuisine". The following programs aired on InHealth in May, including "How Healthy Are Your Lungs", "Meatless Mondays", "Heart Disease and Diabetes", and "Acetaminophen Overuse Danger."

*HOSPITAL CALENDAR:  
InHealth*

**Employee of the Month**

Susana Aquino has been working at Washington Hospital for more than nine years. Susana was in the first group of 'Lift Team' members at Washington Hospital. She had extensive training from Nurse Educators and Physical Therapists on proper practice and importance of patient lift, repositioning and assisting. Susana is self-motivated and always willing to help.

*HOSPITAL CALENDAR:  
Employee of the Month -  
Susana Aquino*

Ms. Farber introduced Ed Fayen, Senior Associate Administrator. Mr. Fayen presented a construction update starting with the garage noting there is a meeting with the Planning Commission on Thursday, June 12<sup>th</sup> at the City of Fremont. The permit process is going through the city permitting department at the same time. In anticipation of the approvals, the bidding process for the parking garage has started.

*CONSTRUCTION  
REPORT  
Construction Update*

Nancy Farber introduced Kristin Ferguson, Chief of Compliance. Ms. Ferguson presented the Organ Donation Report and reported the California Transplant Donor Network is federally funded, designated, non-profit organ procurement organization and facilitates organ and tissue donation for transplantation. Ms. Ferguson noted one organ donor can save up to eight lives and one tissue donor can improve the lives of up to fifty individuals. Ms. Ferguson shared donations made by two individuals at Washington Hospital saved lives of nine individuals.

*ORGAN DONOR  
NETWORK*

Nancy Farber introduced Mary Bowron, Senior Director of Quality & Resource Management. Ms. Bowron presented the Quality Dashboard – Quarter ending March 2014 reviewing the Core Measure Compliance that included myocardial infarction, heart failure, pneumonia, surgical care improvement project and hospital outpatient surgery. Ms. Bowron continued by discussing the infection prevention indicators and nurse sensitive indicator which include the IHI central line bundle compliance, ventilator associated events, pressure ulcer prevalence and falls per 1000 patients days. Ms. Bowron reported on the Joint Commission national patient safety goals and readmissions rates.

*QUALITY REPORT  
Quality Dashboard –  
Quarter Ending 03/2014*

Chris Henry, Chief Financial Officer, presented the Finance Report for April 2014. The average daily census was 152.8 with admissions of 882 resulting in 4,583 patient days. Outpatient observation equivalent days were 250. The average length of stay was 4.97 days. The case mix index was 1.537. Deliveries were 133. Surgical cases were 328. Joint Replacement cases were 108. Neurosurgical cases were 21. Cardiac Surgical cases were 9. The Outpatient visits were 7,586 and Emergency visits were 4,061. Total productive FTEs were 1,206.8. FTEs per adjusted occupied bed were 6.71.

*FINANCE REPORT*

Ms. Farber presented the Hospital Operations Report for May. There were 969 patient admissions with an average daily census of 154. This was lower than the budget of 988 admissions and 9.9% below the budgeted average daily census of 171. Preliminary information indicated inpatient revenue for the month of May at approximately \$119,600,000; 56.4% was Medicare and 19.7% was Medi-Cal, for a total of 76.1% in government program revenue. There were 159 deliveries in the Hospital resulting in 355 baby days. There were 339 surgical cases at the Hospital and 668 cases at the Outpatient Surgery Center. The Emergency Room saw 4,451 patients. The clinics saw approximately 3,848 patients. FTEs per Adjusted Occupied Bed were 6.54.

*HOSPITAL OPERATIONS  
REPORT*

In accordance with District Law, Policies and Procedures, Director Eapen moved the Chief Executive Officer be authorized to enter into the necessary contracts and proceed with the purchase and implementation of the Siemens Clinitek Atlas and interface for the Clinical Lab Department for a total amount not to exceed \$128,825.00. This purchase was included in the Fiscal Year 2014 Capital Budget. Director Danielson seconded the motion.

*APPROVAL OF  
URINALYSIS  
INSTRUMENT WITH  
AUTOMATED  
MICROSCOPIC  
ANALYZER*

Roll call was taken:

Bernard Stewart, DDS - aye  
William Nicholson, MD - aye  
Patricia Danielson, RHIT - aye  
Jacob Eapen, MD - aye  
Michael Wallace - aye

The motion unanimously carried.

In accordance with section 9007 of the patient Protection and Affordable Care Act, Director Eapen moved for the adoption of the Community Health Needs Assessment implementation plan which is developed as a result of the 2013 Community Health Needs Assessment. Director Danielson seconded the motion.

*APPROVAL OF  
COMMUNITY HEALTH  
NEEDS ASSESSMENT  
2013 IMPLEMENTATION  
PLAN*

Roll call was taken:

Bernard Stewart, DDS - aye  
William Nicholson, MD - aye  
Patricia Danielson, RHIT - aye  
Jacob Eapen, MD - aye  
Michael Wallace - aye

The motion unanimously carried.

In accordance with Health & Safety Code Sections 1461, 1462, and 32106 and Government Code Section 54954.6(h). Director Stewart adjourned the meeting to closed session at 8:32p.m. as the discussion pertained to Hospital trade secrets, human resources matters and risk management.

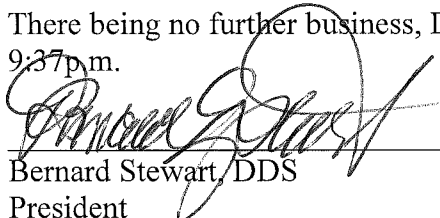
*ADJOURN TO  
CLOSED SESSION*


Director Stewart reconvened the meeting to open session at 9:36p.m. and reported no action was taken in closed session.

*RECONVENE TO OPEN  
SESSION & REPORT ON  
CLOSED SESSION*

There being no further business, Director Stewart adjourned the meeting at 9:37p.m.

*ADJOURNMENT*

  
Bernard Stewart, DDS  
President

  
William Nicholson, MD  
Secretary