

A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, May 9, 2018 in the Conrad E. Anderson, MD Auditorium, 2500 Mowry Avenue, Fremont, California. Director Wallace called the meeting to order at 6:00 pm and led those present in the Pledge of Allegiance.

CALL TO ORDER

Roll call was taken: Directors present: Michael Wallace; Bernard Stewart, DDS; Jacob Eapen, MD; William Nicholson, MD. Directors absent: Patricia Danielson, RHIT

ROLL CALL

Also present: Kimberly Hartz, Senior Associate Administrator; Timothy Tsoi, Chief of Staff; Jeannie Yee, Service League President; Dee Antonio, District Clerk

Guests: Ed Fayen, Chris Henry, Tina Nunez, Mary Bowron, Larry Bowen, John Lee, Donald Pipkin, Mary Bowron, Kristin Ferguson, Rob Lanci, Paul Kozachenko.

Chris Henry, Senior Associate Administrator and Chief Financial Officer, introduced the members of 4H and Future Farmers of America: Haley Battaglini, Bradon Illingworth, Ross Illingworth, Bonnie Crawford, and Genna Viera. These representatives from 4H Junior Live Stock Auction scheduled for the 2018 Alameda County Fair gave a presentation on 4H and FFA (Future Farmers of America) and shared their experiences raising and marketing their animals.

*EDUCATION SESSION:
Alameda County Fair
Junior Livestock Auction*

Director Nicholson moved for approval of the minutes of April 11, 16, 23, and 25, 2018.

*APPROVAL OF
MINUTES OF April 11,
16, 23, and 25, 2018*

Director Stewart seconded the motion.

Roll call was taken:

Michael Wallace – aye
Bernard Stewart, DDS - aye
Jacob Eapen, MD – aye
William Nicholson, MD - aye
Patricia Danielson, RHIT – absent

The motion carried.

There were no oral communications.

*COMMUNICATIONS:
ORAL*

The following written communication received from Timothy Tsoi, MD, Chief of Staff, dated April 23, 2018 requesting approval of Medical Staff Credentialing Action Items as follows:

*COMMUNICATIONS:
WRITTEN*

Appointments

Boparai, Namrita MD; Deaton, Benjamin MD; Gandhe, Renu MD; Lin, Joshua DO; Manchineni, Lakshmi MD; Moon-Grady, Anita MD; Siddiqui, Imran MD; Tran, Hanh Thi DO

Temporary Privileges

Boparai, Namrita MD; Deaton, Benjamin MD; Lin, Joshua DO; Manchineni, Lakshmi MD; Moon-Grady, Anita MD; Siddiqui, Imran MD

Reappointments – Two Year

Cohen, Erik MD; Cunniff, John MD; Dhawan, Sunil MD; Dhillon, Harpreet MD;

Doyle, Joy MD; Fiore, Darren MD; Gin, Brian MD; Jokerst, Elizabeth MD; Katta Prasad MD; Narra, Kishore MD; Nguyen, Amy PA-C; Schwartz, Joseph MD; Thomas, James MD; Xiong, Jessie MD

Reappointments – One Year

Kapila, Yagya MD; Yu, Gloria MD

Non-Reappointments – Deemed to Have Resigned

Ziegler, Jordan MD

Transfer in Staff Category

Bryan, George PA-C; Gadea, William PA-C; Gin, Brian MD; Goldberg, Andrew MD; Kapila, Yagya MD; Nguyen, Amy PA-C; Patel, Mihir MD; Wong, Jonathan MD

Completion of Proctoring & Advancement in Staff Category

Bryan, George PA-C; Gadea, William PA-C; Gin, Brian MD; Goldberg, Andrew MD; Nguyen, Amy PA-C; Patel, Mihir MD; Wong, Jonathan MD

Addition of Physician Supervisor

Gadea, William PA-C; Hein, Lance PA-C; Lee, Yukfung PA-C; Quitevis, Richard NP; Tran, Hang NP; Wilkins, Christopher PA-C

Completion of Proctoring Prior to Eligibility for Advancement in Staff Category

Moran-Gates, Taylor MD; Phillips, Andrew MD

Delete Privilege Requests

Bennett, Janelle MD; Dao, Catherine MD; Katta, Prasad MD; Narra Kishore MD; Nguyen, Amy PA-C; Wilkins, Christopher PA-C

Withdrawal of Application

Pletcher, Jacob MD

Resignations

Merrick, Scot MD; Molina, Ricardo MD; Parmley, Michael MD

Director Nicholson moved for approval of the credentialing action items presented by Dr. Tsoi.

Director Stewart seconded the motion.

Roll call was taken:

Michael Wallace – aye
Bernard Stewart, DDS - aye
Jacob Eapen, MD – aye
William Nicholson, MD – aye
Patricia Danielson, RHIT – absent

The motion carried.

Jeannie Yee, Service League, reported on the Service League activities, including the Volunteer Appreciation Luncheon held at Campo Di Bocce, the Masquerade

*SERVICE LEAGUE
REPORT*

Fundraiser and the awarding of the Washington Hospital Service League Scholarship Awards.

Dr. Timothy Tsoi reported there are 590 Medical Staff members which includes 346 active members.

*MEDICAL STAFF
REPORT*

The Hospital Calendar video highlighted the following events:

*HOSPITAL CALENDAR:
Community Outreach*

Past Health Promotions & Outreach Events

On April 12th and 26th, Dr. Victoria Leiphart, gynecologist, presented, "Stress Management." 14 people attended.

On Saturday, April 14th Washington Hospital hosted the 12th Annual Women's Health Conference. The event featured topics on female-specific stroke risk factors and prevention, an overview of improving health and quality of life through surgery options, along with tips for women to take action to discover a confident healthy "you." 27 people attended.

On April 17th and 24th, Melissa Reyes, RN, provided a two-part education series on Stroke. Part one, "Stroke Prevention," educated community members about prevention, symptoms, and what to do if you are experiencing signs of a stroke. Part two, "Life After Stroke" provided an overview to better understand your condition and how to move forward after a stroke. 22 people attended.

Also on Tuesday, April 17th Dr. Amir Dastgah, podiatrist, presented Sick Feet? A Health & Wellness seminar about caring for your feet and treatment options through the Washington Center for Wound Healing and Hyperbaric Medicine. 17 people attended.

On Thursday, April 19th, as part of the Mental Health Education series, Dr. Simone Madan, PhD, UCSF, clinical psychologist, presented "When Depression Occurs with Other Medical Conditions." 43 people attended.

Also on Thursday, April 19th, as part of the Women Empowering Women series, Dr. Victoria Leiphart, presented "Reclaiming Your Confidence: Body Image and Self Esteem." 11 people attended.

On Saturday, April 21st, Washington Hospital's Green Team, the City of Fremont, and other local Tri-City organizations hosted the "Let's Go Green Together!" event. An estimated 1,100 people attended.

Also on Saturday, April 21st, Lucy Hernandez, community outreach project manager, Michael Levitt, respiratory care coordinator, and Special Care Nursery staff provided information on health related programs and services during the March of Dimes 5k Walk at the Alameda County Fairgrounds in Pleasanton. More than 200 people visited the health information booth.

On Wednesday, April 25th, as part of the Speaker's Bureau program, Kristi Caracappa, Health Insurance Information Service Coordinator, presented "Medicare Options" to the members of Better Breathers support group in Fremont. 28 people

attended.

On Thursday, May 3rd, as part of the Mental Health Education series, Michele Williams-Smith, Senior Family Advocate, Family Education and Resource Center and Dr. Victoria Leiphart, presented "Mental Wellness." 47 people attended.

On Friday, May 4th, Washington Sports Medicine provided athletic trainers and hosted a first aid booth at the Special Olympics track tournament at James Logan High School in Union City. 616 local athletes participated in this event.

Upcoming Health Promotions & Community Outreach Events

On Wednesday, May 9th, from 6 to 8 pm at the Washington Township Medical Foundation, Newark Clinic conference room, Dr. Harpreet Dhillon, internal medicine, will present, "Strategies to Help Lower Your Cholesterol and Blood Pressure." This seminar will also be presented at the Nakamura Clinic conference room in Union City on Tuesday, May 22nd from 6 to 8 pm.

On Thursday, May 10th from 5:30 to 7 pm, Washington Hospital will host a Skin Cancer Screening event. Individuals who have previously had skin cancer, one or more irregular moles, or a sore that will not heal are encouraged to participate.

On Saturday, May 12th from 9 am to 1 pm, Washington Hospital will participate in the Age Friendly Health Expo organized by the Tri-City Elder Coalition. Washington Hospital staff will provide osteoporosis and blood pressure screenings and Washington Township Medical Foundation will provide heart health information.

Washington Hospital is also a sponsor for this event.

On Thursday, May 17th from 6:30 to 8 pm, Michele Williams-Smith will conclude the Mental Health Education with her presentation on "Family Support: Caring for those with Mental Health Disorders."

Also on Thursday, May 17th, from 7 to 8:30 pm, as part of the Women Empowering Women series, Dr. Victoria Leiphart, will present "Stress Management: Secrets for Every Busy Woman."

On Thursday, May 24th from 7 to 8:30 pm, Washington Hospital will host "Celebration of Life". This event will feature stories of survival and hope for cancer survivors and their families.

The event is co-sponsored by Washington Hospital, HERS Breast Cancer Foundation, UCSF - Washington Cancer Center, the American Cancer Society and the Tri-City Voice.

On Thursday May 31st, Washington Hospital will kick off the Family Caregiver Series. This four-part series will provide tips and support for those who care for others. J.B. Goodier, spiritual care coordinator and certified meditation instructor, will present "Mindfulness Meditation for the Caregiver."

On Friday, June 1st, from 1 to 3 pm, Anna Mazzei, registered dietitian, will present

a "Fun Fresh Summer Cooking Demonstration"

On Thursday, June 7th, from 6 to 8 pm at the Washington Township Medical Foundation, Newark Clinic conference room, Dr. Tam Nguyen, family medicine, will present, "Preventive Screenings; When and Why are They Important." This seminar will also be presented at the Nakamura Clinic conference room in Union City on Thursday, June 21st from 6 to 8 pm.

Also on June 7th from 7 to 8 p.m., as part of the Diabetes Matters series, Dr. Kuniyoshi Kanai will present "Eye Health". Dr. Kanai will discuss the increased risk diabetics have for developing eye health issues.

Bay Area Healthier Together

Washington Hospital Healthcare System and ABC7 have launched a partnership called Bay Area Healthier Together. The aim is to raise awareness and educate our community and beyond about health issues like disease prevention, diagnosis and treatment options, and overall health care resources that are critical when navigating health care or health insurance systems. With resources, information, support, and insight, we can all be better stewards of and advocates for our health – and we can do it together. More information is available at bayareahealthiertogether.com.

*HOSPITAL CALENDAR:
Bay Area Healthier
Together*

Washington Hospital Healthcare Foundation

The Foundation hosted the 33rd Annual Golf Tournament at Castlewood Country Club in Pleasanton on Thursday, May 3rd. More than 180 golfers joined us for a great day of golf, games and fun surprises. The trustees of the Foundation would like to thank the generous sponsors, golfers and volunteers for making the tournament such a success. Proceeds from the tournament will support surgical services at Washington Hospital.

*HOSPITAL CALENDAR:
Washington Hospital
Foundation Report*

Washington Township Healthcare District Board of Directors

Washington Township Healthcare District Board Members attended the Fremont Leadership Prayer Breakfast and the Music at the Mission's Masquerade Ball on April 13th, District Board members also attended the Newark Chamber of Commerce's State of the city Address, delivered by the Honorable Al Nagy, Mayor of Newark, on April 19th the HERS Breast Cancer Foundation's People with Purpose gala on April 21st and the Citizens For Better Community Spring Celebration gala on April 28th

*WASHINGTON
TOWNSHIP
HEALTHCARE
DISTRICT:
Board of Directors*

W.H.E.A

The Washington Hospital Employees Association is currently accepting scholarship applications for the 2018 Don Pickinpaugh Memorial Scholarship. Don Pickinpaugh was the longest serving board member on the Washington Township Health Care District Board of Directors, during his 27 year tenure; he served as Board President 5 times. This \$2,000 Scholarship is available for dependents of Washington Hospital Employees.

*HOSPITAL CALENDAR:
Washington Hospital
Employees Association
(WHEA)*

Washington On Wheels Mobile Health Clinic, W.O.W.

The Washington on Wheels, WOW, Mobile Health Clinic has returned to the Tri-

*HOSPITAL CALENDAR:
Washington On Wheels
Mobile Health Van*

City area. For the past five months, the mobile health clinic has been assisting our neighbors in Santa Rosa whose health clinic facility was impacted by the wild fires of last October. With a big "Thanks" the staff of the Santa Rosa Community Health Vista clinic sent the WOW van home, where it will soon get back to serving the residents of our health care community.

Internet and Social Media Marketing

Washington Hospital's website serves as a central source of information for the communities the District serves and beyond. The most viewed page was About WHHS with 38,594 views.

*HOSPITAL CALENDAR:
Internet and Social Media
Marketing*

InHealth - Channel 78

During the month of April, Washington Hospital's cable channel 78, InHealth, captured new programming including three Health and Wellness programs titled "Wound Care and the Latest Treatment Options," "Stress Management" and "Sick Feet?"; two Washington Hospital Experience programs featuring "Washington Outpatient Rehabilitation Center" and "Washington Center for Wound Healing and Hyperbaric Medicine" and the Women's Health Conference. In addition, InHealth aired the Mental Health Education Series program called "Understanding Psychotic Disorders" and the April Board of Director's Meeting.

*HOSPITAL CALENDAR:
InHealth*

Awards & Recognitions

For the ninth consecutive year, Washington Hospital earned the Practice Greenhealth's prestigious Greenhealth Partner for Change Award. Practice Greenhealth is a national organization with goals to encourage institutions in the health care community to commit to sustainable, eco-friendly practices.

*HOSPITAL CALENDAR:
Awards & Recognitions*

Washington Hospital and members of the Medical Staff, including Washington Township Medical Foundation physicians, were recipients of the Best of Fremont 2018 Awards and Honors. Readers of the Bay Area News Group newspapers cast votes online to determine recipients. The 2018 Best of Fremont winners are:

- Best Hospital** - Washington Hospital Healthcare System
- Cosmetic Surgeon** - John Romano, MD
- Best Dermatologist** - Sunil Dhawan, MD
- Best Doctor** - David Cheng, MD
- Best OB/GYN** - Elizabeth Kurkjian, MD
- Best Orthopedic Surgeon** - Alexander Sah, MD
- Best Ophthalmologist** - James Song, MD and Kenneth Low, MD
- Best Podiatrist** - Laurence Ellner, DPM

On Monday, May 1st Jean Morgan, Director of Community Outreach for Abode Services presented Washington Hospital and Washington Hospital Employees Association certificates of recognition for their continued support and volunteerism. These certificates are signed by Senator Bob Wieckowski and Assembly members Bill Quirk of the 20th Assembly District, and Kansen Chu, of the 25th Assembly District. Jean said, it is an honor to work closely with extraordinary volunteers who make a difference in our community.

Employee of the Month

For the past 20 years, Trang Nguyen has been part of the team of nurses at Washington Hospital. The word “team” is appropriate because Trang has a deep commitment to the teamwork on 3 West that results in patients receiving the best care possible. Trang began as a per diem in 1998, but after only one month, Alice Santos recognized something special about her and offered Trang a full time position. Over the years, Trang has honed her skills through specialized training and various Hospital projects. In 2009 Trang became a PICC nurse. (Peripherally inserted central catheters) She is able to insert midlines and central PICC line placements. This is a valuable skill to the Hospital. Trang was also trained to serve as a Charge Nurse representing 3 West on Clinical Council, Shared Governances and she played an active role in the Magnet certifications in 2011 and 2016. Trang notes that sometimes bedside nurses need to be patient advocates. A bedside nurse spends more time caring for a patient than anyone else. They play a key role in patient assessment—noticing the small differences both good and bad—that may seem insignificant to others.

Being part of a team may have developed at a young age—Trang is one of eight children. In addition to Phi, her husband of 23 years, and her three children, Katelyn, Ryan, and Kylie, Trang spends a lot of time with extended family. Every other weekend, they get together and cook a big meal. Putting together a meal for more than 25 people takes another form of teamwork—but that’s nothing new to an expert like Trang Nguyen.

Kimberly Hartz introduced John Lee, Chief Information Officer. Mr. Lee reviewed the Lean Journey for the Information Systems Department beginning with the development of standard work four years before the training cohorts began. Thirteen teams were formed in January 2017 with focus on intra-team process improvement work and 5S. There are weekly Visibility board meetings at thirteen locations. Currently there are two Lean Certified Leaders in IS: Mark Moran and John Lee.

In January 2018 the IS Lean Rollup Board was implemented to capture cross-team initiatives and help drive them to completion. Mr. Lee noted that using Lean principles and concepts have contributed to a more efficient approach to the implementation of IS projects and upgrades resulting in cost savings and fewer obstructions and problems. He noted that IS is currently managing thirty active projects, including the Epic Beacon implementation which is currently on track and under budget.

Ed Fayen presented the construction update on the Morris Hyman Critical Care Pavilion sharing photographs of the first floor CT Room; first floor X-ray room; installation of lighting and hanging of the remaining glazing in the main Lobby Atrium; wood paneling at Elevators 1 and 2, first floor main lobby; landscape garden area, second floor; third floor exterior courtyard; forming for the walkway foundations at the new loading dock; exterior framing for the new loading dock; demolition for the new plaza entry canopy area; the canopy for the east entry; the

*HOSPITAL CALENDAR:
Employee of the Month –
Trang Nguyen, Staff
Nurse III*

*LEAN UPDATE
Information Services
Lean Journey*

*CONSTRUCTION
REPORT
Construction Update*

retaining wall and sidewalk base; construction of the retaining walls at the south ED entrance drive; the south side ED entrance; and ending with the Site View. We are currently on time and within budget.

Mary Bowron, Senior Director of Quality and Resource Management presented the Quality Dashboard for the quarter ending March 2018 comparing WHHS statistics to State and National benchmarks. Venous Thromboembolism: VT Prevention held at 95% and ICU VT Prevention held at 100%. Stroke: Our performance was perfect for Discharge Meds to Prevent Clots and Stroke Education. Rehab Assessment was at the national level this quarter. Central Line Associated Bloodstream Infections: Our infection rate was lower than predicted. C-Difficile: We were slightly higher than predicted this past quarter. Catheter Associated Urinary Tract Infections: Our rate was higher than predicted. MRSA Bloodstream Infections: We had no MRSA Bloodstream infections. Hospital Acquired VRE Infections: We had no VRE infection which was better than our internal benchmark. Surgical Site Infections: We had one infection following colon surgery which was higher than the predicted number of infections. Our moderate fall with injury rate has decreased in the past three quarters.

*QUALITY REPORT:
Quality Dashboard
Quarter Ending March
2018*

The National Patient Safety Goals were reviewed. The Hand Off Communication was better than the Joint Commission Goal of 90% for the last quarter, as well as over the past two years. Patient Identification was at 100% compliance in the last quarter. The Procedure Time Out was at 100% compliance. Hand Hygiene was at 78.2%.

We had a lower percent of 30-day medicare pneumonia readmissions compared to the CMS national benchmark (13.7% versus 16.9%) as well as 30-day CHF readmissions (16.9% versus 21.6%). Our 30-day readmission rate for AMI discharges was higher than the CMS benchmark (26.1% versus 16.3%).

Chris Henry, Chief Financial Officer, presented the Finance Report for March 2018. The average daily census was 169.2 with admissions of 1,085 resulting in 5,245 patient days. Outpatient observation equivalent days were 138. The average length of stay was 4.66 days. The case mix index was 1.457. Deliveries were 145. Surgical cases were 376. Joint Replacement cases were 142. Neurosurgical cases were 27. Cardiac Surgical cases were 4. The Outpatient visits were 7,740 and Emergency visits were 4,490. Total productive FTEs were 1,307.8. FTEs per adjusted occupied bed were 6.46.

FINANCE REPORT

Kimberly Hartz presented the Hospital Operations Report for April 2018. Preliminary information indicated gross revenue for the month of April at approximately \$158,911,000. The Average Length of Stay of 4.98 and there were 4,599 patient days. There were 354 Surgical Cases and 269 Cath Lab procedures at the Hospital. Deliveries for April were 113. Non-Emergency Outpatient visits were 7,087. FTEs per Adjusted Occupied Bed were 6.79. The Washington Outpatient Surgery Center had 474 cases and the clinics saw approximately 3,380 patients. Total Government Sponsored Preliminary Payor Mix was 73%, above the budget of 71.9%.

*HOSPITAL
OPERATIONS REPORT*

In accordance with District Law, Policies and Procedures, Director Stewart moved that the Board of Directors adopt Resolution No. 1186 which calls for the District General Election to be held in Washington Township Health Care District on November 6, 2018 for the election of three Board members, each for four (4) year terms.

Director Nicholson seconded the motion.

Roll call was taken:

Michael Wallace – aye
Bernard Stewart, DDS - aye
Jacob Eapen, MD – aye
William Nicholson, MD - aye
Patricia Danielson, RHIT – absent

The motion carried.

In accordance with District Law, Policies and Procedures, Director Stewart moved that the Board of Directors adopt Resolution No. 1187 which calls for the Consolidation of the Washington Township Health Care District Election with the statewide general election on November 6, 2018.

Director Nicholson seconded the motion.

Roll call was taken:

Michael Wallace – aye
Bernard Stewart, DDS - aye
Jacob Eapen, MD – aye
William Nicholson, MD - aye
Patricia Danielson, RHIT – absent

The motion carried.

In accordance with District Law, Policies and Procedures, Director Stewart moved that the Board of Directors authorize the Chief Executive Officer enter into the necessary contracts to proceed with the purchase of five replacement copiers for an amount not to exceed \$52,744.00.

Director Nicholson seconded the motion.

Roll call was taken:

Michael Wallace – aye
Bernard Stewart, DDS - aye
Jacob Eapen, MD – aye
William Nicholson, MD - aye
Patricia Danielson, RHIT – absent

*CONSIDERATION OF
Resolution No. 1186:
Resolution and Order of
the Board of Directors of
Washington Township
Health Care District of
Alameda County, State of
California, Calling a
District General Election
to be Held in Washington
Township Health Care
District on November 6,
2018.*

*CONSIDERATION OF
Resolution No. 1187:
Resolution Ordering the
Consolidation of the
Health Care District
General Election to be
Held in Washington
Township Health Care
District of Alameda
County, State of
California on November
6, 2018, and Requesting
the Board of Supervisors
of the County of Alameda
to Consolidate Said
Health Care District
General Election with
Said Statewide General
Election, Insofar as the
Territory in Which Said
Elections Are to be Held
Is the Same*

*CONSIDERATION OF
Copier Replacement*

The motion carried.

In accordance with District Law, Policies and Procedures, Director Stewart moved that the Board of Directors authorize the Chief Executive Officer enter into the necessary contracts to proceed with the implementation costs for the ADP Upgrade for an total amount not to exceed \$479,231.00.

*CONSIDERATION OF
ADP Upgrade*

Director Nicholson seconded the motion.

Roll call was taken:

Michael Wallace – aye
Bernard Stewart, DDS - aye
Jacob Eapen, MD – aye
William Nicholson, MD - aye
Patricia Danielson, RHIT – absent

The motion carried.

In accordance with District Law, Policies and Procedures, Director Stewart moved that the Board of Directors grant approval for the inclusion of Sales Tax costs for the purchase of four (4) Giraffe Warmers for the Special Care Nursery, the sales tax amount not to exceed \$8,411.31 bringing the total amount of the purchase to \$99,344.36.

*CONSIDERATION OF
Sales Tax Approval for
Giraffe Warmer – Special
Care Nursery*

Director Nicholson seconded the motion.

Roll call was taken:

Michael Wallace – aye
Bernard Stewart, DDS - aye
Jacob Eapen, MD – aye
William Nicholson, MD - aye
Patricia Danielson, RHIT – absent

The motion carried.

In accordance with Health & Safety Code Sections 1461, 1462 and 32106 and Government Section 54954.5(h) Director Stewart adjourned the meeting to closed session at 7:46 pm, as the discussion pertained to Hospital trade secrets, Human Resources matters, and Risk Management.

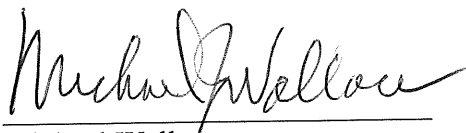
*ADJOURN TO CLOSED
SESSION*

Director Stewart reconvened the meeting to open session at 9:15 pm and reported no action was taken in closed session.

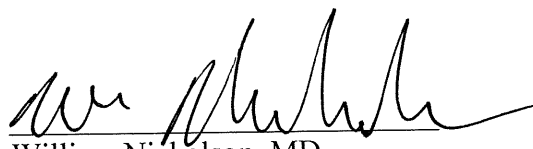
*RECONVENE TO OPEN
SESSION & REPORT ON
CLOSED SESSION*

There being no further business, Director Stewart adjourned the meeting at 9.15 pm.

ADJOURNMENT



Michael Wallace
President



William Nicholson, MD
Secretary