



Washington Hospital Healthcare System

Investing in the health of the community.

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HEALTH & WELLNESS

Free Community Seminars



Health Insurance Seminars

At these seminars, you will learn from an expert about:

- Healthcare reform and how it will affect you
- Medicare changes
- Medi-Cal and other government-sponsored programs
- Insurance options for children
- COBRA
- High risk plans for individuals with pre-existing conditions

Are You Eligible for Medicare?

April 5

Health Insurance Options: What You Need to Know

May 17, September 13

Medicare Open Enrollment

October 10

Medicare Part D Open Enrollment is Approaching Fast: Are you Ready?

October 13 & 14

All classes are from 10 a.m. to noon • See other side for class descriptions

Conrad E. Anderson, M.D. Auditorium, Room B
Washington West, 2500 Mowry Ave., Fremont

SPEAKERS



Kristi Caracappa

Health Insurance Information
Service Coordinator
Washington Hospital
Healthcare System



Linda Dawal

Health Insurance Information
Service Coordinator
Washington Hospital
Healthcare System

Call (800) 770-9447 for a personal consultation or visit www.whhs.com/health-insurance

- Seminars are free and open to the public.
- To register or for more information, please visit www.whhs.com or call (800) 963-7070.
- Seminars are televised on InHealth, a Washington Hospital Channel (Comcast Channel 78) and online at www.inhealth.tv.



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Health Insurance Seminars 2011 Schedule

Are You Eligible For Medicare?

Are you turning 65 this year? Find out if you are eligible for Medicare. At this seminar learn about the qualifications for Medicare and what Medicare offers. This seminar will also discuss how Medi-Cal works with Medicare. Learn about the differences between Medicare Advantage Plans and Medicare Supplemental Plans. Medicare Part D Prescription Drug plans will also be discussed.

Tuesday, April 5, 2011

Health Insurance Options: What you Need to Know

At this Seminar you will learn about different health insurance options and receive information on health care services that are available in the community. For those who have lost their jobs, COBRA and Cal – COBRA, will be discussed along with information on pre-existing insurance policies that are designed to help those who have been turned down by private insurance companies. Insurance options for children, Medicare and Medi-Cal will also be presented.

Tuesday, May 17, 2011 and Thursday, September 15, 2011

Medicare Open Enrollment: Upcoming Changes

This seminar will explain changes that will take place with Medicare plans. Learn about different options to supplement your Medicare and the differences between Medicare Supplements and Medicare Advantage Plans. This is a seminar to help you plan for your future insurance needs.

Monday, October 10, 2011

Medicare Part D Open Enrollment is Approaching Fast: Are you Ready?

This seminar, will explain the importance of looking into your Medicare Part D (prescription drug) plan every year. Plan changes for the upcoming year will be discussed along with an explanation of how Medicare Part D works. The presentation will also include information on the “donut hole” or coverage gap. This seminar will help you assist you in making decisions about your Medicare Part D plan for the coming year.

Thursday, October 13, 2011 and Friday, October 14, 2011



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