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## Press Release

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### **Washington Hospital invited Community to Free Earth Day Expo**

*Fremont, Calif.* – Washington Hospital is observing the 40<sup>th</sup> anniversary of Earth Day by hosting a special community event on Saturday, April 17, where members of Washington Hospital’s Green Team and other local Tri-City organizations will raise environmental awareness and share eco-friendly ideas with residents in our District. The event will be held from 9 a.m. to 1 p.m. in the Conrad E. Anderson Auditoriums in Washington West, 2500 Mowry Ave., in Fremont.

“We’re taking the initiative in the District to raise awareness about important environmental issues and how residents can do their part to be green,” says Bernard Stewart, DDS, president of the Washington Township Health Care District Board of Directors. “This event will not only provide a wonderful opportunity for the residents of the District to learn what Washington Hospital is doing to make sure its operations leave a smaller environmental footprint, but they will also be able to learn about the simple changes they can make in their lives to benefit our environment.”

Members of the Washington Hospital Green Team will be on hand to explain how the hospital is implementing eco-friendly programs and showcase the sustainability practices that are already in place. From the cafeteria to construction projects, Washington Hospital is committed to creating a healthier place for patients and a cleaner, more sustainable environment for our community.

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Washington Township Health Care District, 2000 Mowry Avenue, Fremont CA (510) 797-1111  
Nancy Farber, Chief Executive Officer

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Other activities include:

**Farmer's Market**

In addition to the event, a farmer's market offering locally grown produce will take place outside in the parking lot adjacent to Washington West. All proceeds from the farmer's market will be donated to local charities in the Tri-City area.

**Organic Gardening**

Representatives from Regan Nursery in Fremont will share their expertise and help you prepare for the spring gardening season.

**Unused Medication Drop Off & Mercury Thermometer Exchange**

Learn about efforts to reduce the environmental impact of improper disposal of medication, and how Washington Hospital has partnered with the Union Sanitary District to offer Tri-City area residents a convenient, safe and environmentally sound option for disposing of old medications. In addition, Union Sanitary District will be exchanging digital thermometers for each mercury thermometer turned in.

**Free Lead Testing**

Bring in your personal items, children's toys, and household items to have them tested, and learn more about toxic chemicals in the environment.

**Recycle Your Residential "E-Waste" for Free**

Designated drop off areas at Washington West will be available for those who would like to drop off and recycle the following items:

Electronic waste, (Includes TVs, computers, monitors, laptops, printers and cell phones), confidential documents for shredding, unused and unwanted medications, old eyeglasses and mercury thermometers.

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### **Learn More At Our Education Booths**

**Healthy eating:** Washington Hospital clinical registered dietitians will talk about healthy eating, weight control and tips for maintaining a healthy lifestyle.

**Recycling and reducing household waste:** See exhibits from Allied Waste, talk to specialists and learn the proper ways to reduce, re-use, and recycle at home and at the workplace.

**Learn how to save energy at home:** Visit the PG&E booth to learn various ways to save energy at home.

### **Fun Activities for the Kids**

Kids activities will include a bounce house, face painting, games and the ability to draw and contribute to a special Earth Day mural.

### **About Washington Hospital**

Washington Hospital Healthcare System includes a 359-bed acute-care hospital; the Taylor McAdam Bell Neuroscience Institute; The Gamma Knife<sup>®</sup> Center; Washington Center for Joint Replacement; The Cardiovascular Institute; Washington Outpatient Catheterization Laboratory; the Institute for Minimally Invasive and Robotic Surgery; Washington Radiation Oncology Center; Washington Outpatient Surgery Center; Washington Outpatient Rehabilitation Center; and Washington West, a complex which houses Washington Women's Center, Outpatient Imaging Center and additional outpatient hospital services and administrative facilities.

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*(For more information, please contact Christopher Brown, director of Community Relations, Washington Hospital Healthcare System, (510) 791-3417.*