WHOOPING COUCH Be aware! Get vaccinated!

New Rule for School

For school year 2011–12, all students entering, advancing or transferring into 7th, 8th, 9th, 10th, 11th or 12th grades will need proof of an adolescent whooping cough booster immunization (called "Tdap") before entry into school in the fall.

What is Whooping Cough?

Whooping cough disease (also called pertussis) causes coughing fits that make it hard to breathe.

• It spreads easily when someone with the disease coughs or sneezes.

Whooping Cough Shots Prevent the Disease

- Everyone needs to be up-to-date on their whooping cough shots (DTaP for kids younger than 7 years; or Tdap for older ages.)
- Newborn babies are too young for the shots.
- Immunity from the disease or the shots wears off, so people 11 years and older need a booster shot.

Call 510-608-3203 for more information or visit www.whhs.com/cough.

• It can kill young babies.

Contact your primary care doctor to find out if your family needs to be vaccinated. If you do not have a primary care doctor, the Washington On Wheels Mobile Health will be parked at the Fremont Family Resource Center (39155 Liberty St., Fremont) every Tuesday from 9:30 a.m. to 3 p.m. providing Tdap (Whooping Cough) immunization clinics.





Washington Hospital Healthcare System Investing in the health of the community.