

A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, April 11, 2018 in the Conrad E. Anderson, MD Auditorium, 2500 Mowry Avenue, Fremont, California. Director Stewart called the meeting to order at 6:00 pm and led those present in the Pledge of Allegiance.

CALL TO ORDER

Roll call was taken: Directors present: Bernard Stewart, DDS; Jacob Eapen, MD; William Nicholson, MD. Directors absent: Michael Wallace; Patricia Danielson, RHIT

ROLL CALL

Also present: Nancy Farber, Chief Executive Officer; Timothy Tsoi, Chief of Staff; Jeannie Yee, Service League President; Dee Antonio, District Clerk

Guests: Ed Fayen, Kimberly Hartz, Chris Henry, Tina Nunez, Mary Bowron, Larry Bowen, John Lee, Donald Pipkin, Mary Bowron, Kristin Ferguson, Rob Lanci, Paul Kozachenko.

Nancy Farber, Chief Executive Officer introduced Teng Lee, MD, Associate Professor of Surgery in the Division of Adult Cardiothoracic Surgery at UCSF.

*EDUCATION SESSION:
Minimally Invasive
Approaches in
Cardiothoracic Surgery*

Dr. Lee reviewed the transformation of cardiovascular surgery from the 1920s to present time, citing the benefits of minimally invasive cardiac surgery as less pain, earlier recovery, and expansion of services to older, sicker patients who are not able to tolerate traditional surgery.

Dr. Lee explained the mechanics of the Aorta via diagram and discussed the treatment of Thoracic Aortic Aneurysm by dissection via diagram and video noting that the repair of complex aortic disease is currently done at UCSF and will hopefully come to Washington Hospital in the future. Dr. Lee also talked about the repair of complex aortic disease, extensive aortic aneurysms and dissections. He discussed the anatomy of Aortic Stenosis and its management which includes medications, interventional (balloon valvuloplasty), surgery, and TAVR (Transcatheter Aortic Valve Replacement). Dr. Lee demonstrated the TAVR procedure via video and discussed the benefits to the patient for TAVR versus open surgery.

Director Nicholson moved for approval of the minutes of March 14, 26, and 28, 2018.

*APPROVAL OF
MINUTES OF March 14,
26, and 28, 2018*

Director Eapen seconded the motion.

Roll call was taken:

Michael Wallace – absent
Bernard Stewart, DDS - aye
Jacob Eapen, MD – aye
William Nicholson, MD - aye
Patricia Danielson, RHIT – absent

The motion carried.

There were no oral communications.

*COMMUNICATIONS:
ORAL*

The following written communication received from Timothy Tsoi, MD, Chief of Staff, dated March 26, 2018 requesting approval of Medical Staff Credentialing

*COMMUNICATIONS:
WRITTEN*

Action Items as follows:

Reappointments – Two Year

Annadurai, Bala MD; Chang, Andy MD; Chang, Shurong MD; Cheng, Jye-Shern MD; Franco, Kelly NP; Hsu, Susan MD; Lin, Mimi MD; Miranda, Gabriel MD; Naign, Lin MD; Ray, Vincent MD; Roe, Bernadita NP; Steckel, Thomas MD; Tsai, Vivian MD

Reappointments – One Year

Malek, Reza MD

Transfer in Staff Category

Lee, David MD; Moran-Gates, Taylor MD; Perez, Carlos MD; Sheh, Bryant MD

Completion of Proctoring & Advancement in Staff Category

Lee, David MD; Moran-Gates, Taylor MD; Perez, Carlos MD; Sheh, Bryant MD

Completion of Proctoring Prior to Eligibility for Advancement in Staff Category

Bennett, Janelle MD

Delete Privilege Requests

Tsai, Shirley MD

Withdrawal of Application

Lee, Joshua MD

Resignations

Gray, Johann MD

Director Nicholson moved for approval of the credentialing action items presented by Dr. Tsoi.

Director Eapen seconded the motion.

Roll call was taken:

Michael Wallace – absent
Bernard Stewart, DDS - aye
Jacob Eapen, MD – aye
William Nicholson, MD – aye
Patricia Danielson, RHIT – absent

The motion carried.

Jeannie Yee, Service League, reported on the Service League activities, including the Nursing Unit Assist Volunteer Program whereby the volunteer's role is to free up the nurses and staff with non-clinical support by answering call lights, restocking supplies and serving as a patient companion.

*SERVICE LEAGUE
REPORT*

Dr. Timothy Tsoi reported there are 586 Medical Staff members which includes 340 active members.

*MEDICAL STAFF
REPORT*

The Hospital Calendar video highlighted the following events:

Past Health Promotions & Outreach Events

During the month of March, Lucy Hernandez, Community Outreach Project Manager, provided nine hand hygiene presentations for students at Mattos and Warwick elementary schools in Fremont. 249 students participated.

On March 15th and 28th, Dr. Tam Nguyen, family medicine, presented, "Obesity: Understand the Causes, Consequences and Prevention." Seventeen people attended.

Also on Thursday, March 15th, as part of the Women Empowering Women series, Dr. Victoria Leiphart, gynecologist, presented "Prioritizing Your Life - It's Time to Get Organized." Eleven people attended.

On Saturday, March 17th Washington Hospital hosted Stroke Awareness Day. This free event screened community members for carotid artery blockage, atrial fibrillation as well as cholesterol, glucose and blood pressure screenings. Dr. Jack Rose, neurologist and neurointensivist, provided results interpretation. Washington Hospital staff, volunteers from San Jose State School of Nursing and the Washington Hospital Service League assisted to make this event a success. There were 87 community members screened. Of those 87, 15 were found to have mild blockages and 27 others were found to be at high risk for stroke based on other risk factors.

On Tuesday, March 20th, as part of the Speaker's Bureau program, Father Jeff Finley, Palliative Care Coordinator, presented "Palliative Care: What you Need to Know," to members of St. Joseph Parish. 32 people attended

On Thursday, March 22nd, as part of the Mental Health Education series, Dr. Seema Sehgal presented, "Understanding Psychotic Disorders". 47 people attended.

On Tuesday, March 27th Washington Hospital Outpatient Diabetes staff celebrated Diabetes Alert Day. The event aims to raise awareness of the seriousness of diabetes, particularly when left undiagnosed or untreated. 143 people were screened.

On April 3rd and 10th, Dr. Jason Chu presented, "Respiratory Health and Lung Cancer Prevention and Detection." 20 people attended.

Also on Tuesday, April 3rd Dr. Naveenpal Bhatti, emergency medicine and wound care specialist, presented "Wound Care and the Latest Treatment Options." 16 people attended.

On Thursday, April 5th, as part of the Diabetes Matters Series, Vida Reed, RN, hosted a questions and answers session on "Diabetic Foot Care." 22 people attended.

Upcoming Health Promotions & Community Outreach Events

On Thursday, April 12th, from 6 to 8 pm at the Washington Township Medical

Foundation, Newark Clinic conference room, Dr. Victoria Leiphart will present, "Stress Management." This seminar will also be presented at the Nakamura Clinic conference room in Union City on Thursday, April 26th from 6 to 8 pm.

On Saturday, April 14th from 10 am to 2 pm, Washington Hospital will host the 12th Annual Women's Health Conference. This event will feature topics such as female-specific stroke risk factors and prevention, an overview of improving your health and quality of life through surgery options, and tips for women to take action to discover a confident healthy "you."

On Tuesday, April 17th from 10 am to noon, as part of the Stroke Education Series, Melissa Reyes will present "Stroke Prevention."

Also on Tuesday, April 17th from 6 to 8 pm Dr. Amir Dastgah, podiatrist, will present *Sick Feet?* A Health & Wellness seminar about care for your feet and treatment options through the Washington Center for Wound Healing and Hyperbaric Medicine.

On Thursday, April 19th from 6:30 to 8 pm, as part of the Mental Health Education, Dr. Simone Madan, PhD, UCSF will present "When Depression Occurs with Other Medical Conditions." Other upcoming seminars include:

- **May 3:** Mental Wellness, presented by Michele Williams-Smith, Senior Family Advocate, Family Education and Resource Center and Dr. Victoria Leiphart.
- **May 17:** Family Support: Caring for those with Mental Health Disorders, presented by Michele Williams-Smith, Senior Family Advocate, Family Education and Resource Center.

Also on Thursday, April 19th, from 7 to 8:30 pm, as part of the Women Empowering Women series, Dr. Victoria Leiphart, will present "Reclaiming Your Confidence: Body Image and Self Esteem."

In celebration of Earth Day, Washington Hospital is hosting: *Let's Go Green Together* on Saturday April 21st, from 11 am to 3 pm.

On Tuesday, April 24th from 10 am to noon, as part of the Stroke Education Series, Melissa Reyes will present "Life After Stroke."

On Friday, May 4th, Washington Sports Medicine will provide athletic trainers and host a first aid booth at the Special Olympics track tournament at James Logan High School in Union City.

Washington Hospital Healthcare Foundation

The Foundation will host the 33rd Annual Golf Tournament at Castlewood Country Club on Thursday, May 3rd.

Washington Township Healthcare District Board of Directors

Washington Township Healthcare District Board Members attended the Alameda County Special Districts Association's annual dinner on March 22nd, the Indo-

*HOSPITAL CALENDAR:
Washington Hospital
Foundation Report*

*WASHINGTON
TOWNSHIP
HEALTHCARE
DISTRICT:*

American Community Federation's Unity Dinner on March 23rd, the Fremont Chamber of Commerce's State of the City address given by Mayor Lily Mei on March 28th and the Drivers for Survivors Annual Gala on April 7th.

Board of Directors

W.H.E.A

During the month of March, WHEA conducted their annual "Sock and Undie" drive. This event is held to collect personal items for the homeless. WHEA collected packs of assorted socks, under garments and other personal items for ABODE Services and SAVE.

*HOSPITAL CALENDAR:
Washington Hospital
Employees Association
(WHEA)*

Washington On Wheels Mobile Health Clinic, W.O.W.

Washington on Wheels (WOW) mobile health clinic is temporarily in Santa Rosa, California, helping support our North. Bay neighbors who were devastated by October's wild fires. Santa Rosa Community Health serves 50,000 patients annually. The wild fires caused extensive fire, smoke and water damage to its largest clinic, Vista Campus, and resulted in the loss of 56 patient exam rooms. The urgent need for temporary clinic space is the reason that WOW is now in Santa Rosa. Our mobile health clinic provides two temporary exam rooms. The mobile health clinic is expected to return to the District in mid-April.

*HOSPITAL CALENDAR:
Washington On Wheels
Mobile Health Van*

Internet and Social Media Marketing

Washington Hospital's website serves as a central source of information for the communities the District serves and beyond. The most viewed page was About WHHS.

*HOSPITAL CALENDAR:
Internet and Social Media
Marketing*

InHealth - Channel 78

During the month of March, Washington Hospital's cable channel 78, InHealth, captured new programming including two Mental Health Education Series programs called "Understanding Mood Disorders" and "Understanding Psychotic Disorders." In addition, InHealth aired two Health and Wellness programs titled "Women's Heart Health" and "Solutions for Weight Management & Surgery Options", two Mental Health Education Series programs called "Crisis Intervention" and "Understanding Anxiety Disorders" and the March Board of Director's Meeting.

*HOSPITAL CALENDAR:
InHealth*

Employee of the Month

Our April Employee of the Month is Patricia Latimer who joined the Washington Hospital Staff in 2006 as a per diem patient accounting representative. She became fulltime in 2008

*HOSPITAL CALENDAR:
Employee of the Month -
Patricia Latimer*

Nancy Farber introduced Donald Pipkin, Chief of Strategic Management. Mr. Pipkin presented a Lean Certificate and Pin to Angus Cochran and Gisela Hernandez upon completion of their Lean Certification Training. This is a 12-18 month process that requires proficiency in Lean concepts and tools. To date, we have certified thirty-one Managers and two Physicians.

*LEAN UPDATE
Presentation of Lean
Certificates and Pins*

Ed Fayen presented the construction update on the Morris Hyman Critical Care Pavilion sharing photographs of the first floor X-Ray room; main lobby terrazzo flooring; installation of glazing, main lobby atrium; glazing and railing installation at

*CONSTRUCTION
REPORT
Construction Update*

second floor atrium; west side garden area landscaping; third floor waiting room; passageway, steel structure and concrete slab at new loading dock; concrete stairs and ramp at north east entry; east side entry canopy; north side underground utilities; construction of retaining walls at south ED entrance drive; and ending with the Site View.

Nancy Farber, CEO introduced Dr. Kadeer Halimi, Medical Director for the Emergency Department and Brenda Brennan, Assistant Chief Nursing Officer. Dr. Halimi began his presentation with a review of the increasing emergency department visits. He reported a daily average of 146 patients per day with the highest volume of visits seen in January 2017. He presented statistics for calendar year which showed an average one in seven ED visits for influenza-like illness.

*QUALITY REPORT:
Emergency Department
Clinical Operations: A
Change for the Better*

WHHS had the fourth highest number of transports, the fastest transfer of care among high volume acute care EDs in Alameda County, and was ranked fastest for ambulance patient offload time (9 out of 10 patients had an offload time in <20 minutes). It was noted that the Washington Hospital SART program is one of the two programs serving Alameda County with seven SART trained ED nurses.

Ms. Brennan reported on the Emergency Department Clinical Operations Committee whose purpose is to foster the development and sustainment of quality service, clinical excellence, and efficiency of care in the Emergency Department. She presented a background on the opioid crisis which began with the Joint Commission standards for pain care requiring physicians to treat chronic pain with opioids which, in turn, resulted in a national opioid crisis. Ms. Brennan talked about managing opioid prescriptions at Washington Hospital and WHHS' participation in the Alameda County Safe Prescribing Initiative. 100% of the ER physicians are enrolled in the CURES program which provides access to prescription history.

Ms. Brennan discussed the contracting of a consulting group, "Quality Matters," to optimize patient flow, improve quality and help with transition to the new building. Sustaining change through Kaizen was discussed and Ms. Brennan presented the Surge Planning protocols. She reviewed fast track visits and talked about the declining rate of patients who leave without being seen. It was noted that WHHS has achieved Quest for Zero award for the fifth consecutive year.

Chris Henry, Chief Financial Officer, presented the Finance Report for February 2018. The average daily census was 170.3 with admissions of 1,015 resulting in 4,767 patient days. Outpatient observation equivalent days were 110. The average length of stay was 4.64 days. The case mix index was 1.414. Deliveries were 143. Surgical cases were 365. Joint Replacement cases were 150. Neurosurgical cases were 15. Cardiac Surgical cases were 11. The Outpatient visits were 6,849 and Emergency visits were 4,175. Total productive FTEs were 1,262.3. FTEs per adjusted occupied bed were 6.39.

FINANCE REPORT

Nancy Farber presented the Hospital Operations Report for March 2018. Preliminary information indicated gross revenue for the month of March at approximately \$172,958,000. The Average Length of Stay of 4.66 and there were 5,245 patient days. There were 376 Surgical Cases and 348 Cath Lab procedures at the Hospital. Deliveries for February were 145. Non-Emergency Outpatient visits were 7,738. FTEs per Adjusted Occupied Bed were 6.46. The Washington Outpatient Surgery Center had 533 cases and the clinics saw approximately 3,777 patients. Total Government Sponsored Preliminary Payor Mix was 74.4%, above the budget of 72.5%.

*HOSPITAL
OPERATIONS REPORT*

In accordance with Health & Safety Code Sections 1461, 1462 and 32106 and Government Section 54954.5(h) Director Stewart adjourned the meeting to closed session at 7:33 pm, as the discussion pertained to Hospital trade secrets, Human Resources matters, and Risk Management.


*ADJOURN TO CLOSED
SESSION*

Director Stewart reconvened the meeting to open session at 8:00 pm and reported no action was taken in closed session.

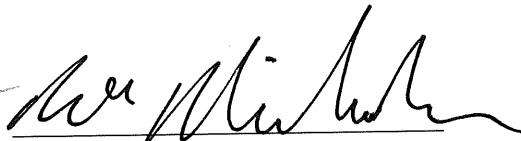
*RECONVENE TO OPEN
SESSION & REPORT ON
CLOSED SESSION*

There being no further business, Director Stewart adjourned the meeting at 8:00 pm.

ADJOURNMENT



Michael Wallace
President



William Nicholson, MD
Secretary