

A meeting of the Board of Directors of the Washington Township Health Care District was held on Wednesday, April 10, 2013 in the Conrad E. Anderson, MD Auditorium, 2500 Mowry Avenue, Fremont, California. Director Nicholson called the meeting to order at 6:03p.m. and led those present in the Pledge of Allegiance.

*CALL TO ORDER*

Roll call was taken. Directors present: William Nicholson, MD, Bernard Stewart, DDS, Patricia Danielson, RHIT, Jacob Eapen, MD  
Excused: Michael Wallace

*ROLL CALL*

Also present: Nancy Farber, Chief Executive Officer, John Romano, MD, Chief of Medical Staff, Jeannie Yee, Service League President, Catherine Bartling, District Clerk

Guests: Jan Wood, Kimberly Hartz, Chris Henry, Kris LaVoy, Albert Brooks, MD, Bryant Welch, Stephanie Williams, Kent Joraanstad, Kathy Hunt, Kristin Ferguson, Angus Cochran, David McCobb, Nathan Clay, Larry Bowen, Nicholas Legge, Gisela Hernandez, Donald Pipkin, Gus Arroyo, Bill Emberley, John Tran, John Sayage, Mari Spencer

Ms. Farber introduced Kimberlee Alvari, Director, Food and Nutrition Services who presented on Prescription for Nutrition Healing: Automation of the Food Delivery System. Ms. Alvari began by sharing the mission of the dietary office: "patients come first, every patient, every time." She discussed the complexities of nutrition for the hospitalized patient and discussed the current dietary office operation. Ms. Alvari explained CBORD, a web based mobile meal ordering application, was selected as a Room Service operation to automate the dietary office, improve patient safety, increase patient satisfaction, improve nutritional status, support an efficient work process, and control food costs and materials. The CBORD dietary automation service will provide patients with individualized menu options based on traits and preferences including cultural and religious, specific menu selections, and personalized customer service. Ms. Alvari concluded by reviewing the benefits of CBORD automation that support the "Patient First" ethic at Washington Hospital.

*EDUCATION SESSION:  
"Prescription for Nutrition  
Healing: Automation of the  
Food Delivery System"*

Ms. Farber introduced Chris Henry, Chief Financial Officer, who discussed patient Observation Status. Mr. Henry explained "Observation" according to Medicare is when a patient is stable, does not meet acute care criteria, and meets another qualifying set of criteria requiring further observation within 24 hours or less. Mr. Henry reviewed a list of general indications for an extended "observation" stay of 24 to 48 hours. Mr. Henry described three possible patient scenarios and discussed the patient financial responsibility for each scenario.

*EDUCATION SESSION:  
"Observation Status"*

Director Stewart moved for approval of the minutes of March 13, 18 and April 4, 2013. On a second by Director Danielson the motion unanimously carried.

*APPROVAL OF MINUTES  
OF MARCH 13, 18 and  
APRIL 4, 2013*

There were no oral communications.

*COMMUNICATIONS  
ORAL*

The following written communication was received from John Romano, MD, Chief of Staff Elect, dated April 4, 2013, requesting approval of Medical Staff Credentialing Action Items, as follows:

*COMMUNICATIONS  
WRITTEN*

Appointments: Jamali, Amir, MD, Mandiberg, Robert, Tylor, Dale, MD, Duffy, Patrick, Whalen, Joelle, PA-C, Hacein-Bey, Lotfi

Reappointments: Ahmadi, Ebrahim, MD, Barash, Muni, MD, Meceda, Victor, M.D, Patel, Neeta, MD, Pipkin, Robert, Reddy, Aruna, M.D., Singh, Charan, MD, Tandon, Meena, MD, Zasslow, Milford, MD, Zammuto, Joseph

Transfer in Staff Category: Cheney, Tamara, MD, Hsu, Susan, MD, Zammuto, Joseph A., DO, Oza, Dushyant, MD

Completion of Proctorship and Provisional Category: Liou, Hsingming John, MD  
Extension of Proctorship and Provisional Category: Ngo, Lily, MD, Tsai, Vivian, MD

Resignations: Foroutani, Arash, MD, O'Connor, Ryan, MD, Wong, Angela, MD

Director Stewart moved for approval of the credentialing action items. On a second by Director Danielson the motion unanimously carried.

Jeannie Yee, Service League President, presented the Service League Report. Ms. Yee reported the Service League held their quarterly Hours Pin Awards Luncheon to honor volunteers who reached their next milestone. Awards of 18 pins from 200 hours to 14,000 hours were given. The Masquerade \$5 jewelry and accessory sale will return on April 29, 30 and May 1.

*SERVICE LEAGUE  
REPORT*

Dr. Romano reported there are 535 Medical Staff members. Dr. Romano discussed current pre-applications and applications in process and reported the Medical Staff continues to grow.

*MEDICAL STAFF  
REPORT*

Ms. Farber introduced Kimberly Hartz, Associate Administrator, who presented the Hospital Calendar video highlighting the following events:

*HOSPITAL CALENDAR:  
Community Outreach*

March 13<sup>th</sup>, "Eating Clean."

March 14<sup>th</sup>, "Union City Lions Club and FUN Sunset Rotary Club."

March 15<sup>th</sup>, Health Insurance Options to members of ProNet.

March 15<sup>th</sup>, The City of Fremont Recreation Department hosted an interactive life size game and maze at the Fremont Teen Center for children to have fun and learn about leprechauns in celebration of St. Patrick's Day. Washington Township Medical Foundation Pediatricians provided information on children's health topics.

March 16<sup>th</sup>, Free Foot Screening by Washington Center for Wound Healing and Hyperbaric Medicine.

March 16<sup>th</sup>, The Fremont Chamber of Commerce hosted Bowling for Scholars, a fundraiser bowl-a-thon for Dollars for Scholars. Washington Hospital's Health Spares team participated in the tournament to help raise money for scholarships that will be awarded to local high school students pursuing a postsecondary education.

March 20<sup>th</sup>, Bone density screenings for Osteoporosis at the Alma Via Assisted Living Facility Health Screening Day.

March 23<sup>rd</sup>, Stroke Awareness Day.

March 23<sup>rd</sup>, "Take Control of Your Diabetes" conference held at the Santa Clara Convention Center.

March 29<sup>th</sup>, Washington Hospital hosted its annual Doctors' Day Luncheon.  
April 2<sup>nd</sup>, "Age Appropriate Milestones" for children.  
April 2<sup>nd</sup>, "Living with Stroke" and "Future Diagnosis and Management of Stroke."  
April 4<sup>th</sup>, "ABCs of Diabetes."

Upcoming Health Promotions & Community Outreach Events:

April 10<sup>th</sup>, "Insomnia."  
April 12<sup>th</sup>, "Don't Let Achy Knees Slow You Down: Osteoarthritis and Knee Replacement."  
April 20<sup>th</sup>, "Let's Go Green Together!"  
April 23<sup>rd</sup>, "Health Insurance Options."  
April 24<sup>th</sup>, "Medicare Coverage."  
April 26<sup>th</sup>, Annual Volunteer Appreciation Luncheon  
May 2<sup>nd</sup>, "Diabetes Meal Planning: Peaks and Pitfalls of a Vegetarian Diet."  
May 7<sup>th</sup>, "Introduction – Stroke" and "Risk Factors for Stroke."

Ms. Farber commented on the Nortel hardware and software upgrade for the hospital wide telephone system stating it was successfully completed on April 9, without any issues. She thanked Ed Fayen and his team for their efforts.

Ms. Farber discussed the Active Shooter drill that took place during the morning of April 10, 2013. The drill was staged at the 2500 Mowry building of the hospital. Flyers were distributed in advance notifying patients and visitors of the drill. Ms. Farber thanked the Fremont Police Department, Ed Fayen, Gus Arroyo, and the security team for the successful drill.

Ms. Farber addressed an article that appeared in the Argus newspaper on March 26, 2013 regarding the use of the Institute for Joint Replacement. Ms. Farber discussed the history of the Institute and why it was created. She explained the Argus article did not present the facts. Ms. Farber read a letter dated March 20, 2013 sent to the reporter at Bay Area News Group explaining the District's position regarding the Institute and the facts pertaining to the use of the Institute for Joint Restoration facility.

**Washington Hospital Foundation Report**

On March 27, the John F. Kennedy High School Cancer Awareness Committee donated an iPad to the Sandy Amos, RN Infusion Center. The iPad will be available to infusion patients during treatments. The Cancer Awareness Committee is made-up of students who have been affected by cancer.

*HOSPITAL CALENDAR:  
Washington Hospital  
Foundation Report*

On April 4, as part of the Half-Pint Library book giveaway, Half-Price Books of Fremont donated over 200 children's books to Washington Hospital Healthcare Foundation for kids waiting in the emergency room.

The Washington Hospital Healthcare Foundation golf tournament will be at the Blackhawk Country Club in Danville, on June 24, 2013. The tournament, named in memory of Gene Angelo Pessagno, raises money to support hospice care and surgical services.

**The Washington Township Health Care District Board of Directors' Report**

On March 20, board member Patricia Danielson attended the Union City Chamber of Commerce Spirit Awards Luncheon.

On March 22, board members Patricia Danielson and Dr. Jacob Eapen attended the Indo-American Community Federation's 12th Annual Unity Dinner.

On March 28, board members Patricia Danielson and Dr. Jacob Eapen attended the Fremont Chamber of Commerce's State of the City address, given by Mayor Bill Harrison.

On March 28, board member Patricia Danielson and Dr. Bernard Stewart attended the annual dinner meeting of the Alameda County Special Districts Association.

*HOSPITAL CALENDAR:  
Board of Directors' Report*

**Washington On Wheels Mobile Health Clinic, W.O.W.**

During the month of March, Washington On Wheels Mobile Health Clinic served community members at the Fremont Family Resource Center, the Silliman Activity Center in Newark, the New Haven Adult School and the Ruggieri Senior Center both located in Union City. W.O.W. provided health care services to students and families at Grimmer and Brier Elementary School, and Robertson High School, all located in Fremont. W.O.W. provided 64 occupational health physicals to Tesla employees and provided wellness exams for members of the Operating Engineers Union through Health Dynamics.

*HOSPITAL CALENDAR:  
Washington On Wheels  
Mobile Health Van*

**Internet Marketing**

There were over 39,000 visits to the hospital website in March. The hospital's physician finder section was the most viewed webpage with 15,307 page views, followed by the volunteer section with 11,048 and the About WHHS section with 7,371 page views.

*HOSPITAL CALENDAR:  
Internet Report*

**InHealth - Channel 78**

During the month of March, Washington Hospital's cable channel 78, InHealth, aired new programming including Varicose Veins and Chronic Venous Disease, Keeping Your Heart on the Right Beat: Atrial Fibrillation, Diabetes Matters: Where to Go for Help and the February Board of Directors meeting. InHealth taped programs including Diabetes Matters: Diabetes Update 2013: What's New?, the March Board Meeting and an Active Shooter Awareness Training.

*HOSPITAL CALENDAR:  
InHealth*

**Washington Hospital Employee Association, W.H.E.A.**

On April 1<sup>st</sup>, WHEA sponsored a blood drive in conjunction with the American Red Cross. 26 people donated blood; a total of 18 pints of blood were collected.

*HOSPITAL CALENDAR:  
W.H.E.A.*

Applications for the Washington Hospital Employee Association Don Pickinpaugh Memorial Scholarship have been received. The recipient of the \$2,000 Scholarship will be announced in May.

**Employee of the Month**

Eric Samson is the employee of the month for April. Eric is a scheduling secretary, performing many tasks for the Operating Rooms, PACU and Endoscopy departments. He does it all with professional quality and good humor.

*HOSPITAL CALENDAR:  
Employee of the Month –  
Eric Samson*

Ms. Farber introduced Stephanie Williams, RN, Chief Nursing Officer, who presented the Intensivist Program: 2012 Annual Report. Ms. Williams explained the Intensivists are physicians who direct and provide medical care in a hospital's Intensive Care Unit (ICU), working with the attending physician of record and the multidisciplinary team. Ms. Williams discussed the Intensivist program objectives, ICU initiatives, provided an overview of delirium, delirium objectives, nutritional assessment in ICU, and the family assistance program. Ms Williams presented the 2012 results of the program in the areas of ventilator associated pneumonia, nosocomial MRSA, ICU mortality, and median number of critical days in CCU. Ms. Williams concluded her presentation reviewing continued objectives in 2013.

*QUALITY REPORT  
"Intensivist Program: 2012  
Annual Report"*

Chris Henry, Chief Financial Officer, presented the Finance Report for February. The average daily census was 185.8 with admissions of 942 resulting in 5,201 patient days. Outpatient observation equivalent days resulted in 277. The average length of stay was 5.35 days. The case mix index was 1.539. Deliveries were 153. Surgical cases were 348. Joint Replacement cases were 116. Neurosurgical cases were 14. Cardiac Surgical cases were 11, PTCA procedures were 44, and the Outpatient visits were 7,581. Total productive FTEs were 1,354.6. FTEs per adjusted occupied bed were 6.20.

*FINANCE REPORT*

Ms. Farber presented the Hospital Operations Report for March. There were 989 admissions with 5,474 days of care or an average daily census of 177. Preliminary information indicated inpatient revenue for the month at approximately \$135,732,000; 53.5% was Medicare and 9.8% was Medi-Cal, or a total of 63.3% in government program revenue. There were 162 deliveries in the Hospital. There were 355 surgical cases at the Hospital and 569 cases at the Surgery Center. There were 371 heart cases including 34 PTCAs. The Emergency Room saw 4,558 patients. The clinics saw approximately 3,647 patients. FTEs per Adjusted Occupied Bed were 6.33.

*HOSPITAL OPERATIONS  
REPORT*

There was no closed session.

*ADJOURN TO  
CLOSED SESSION*

There being no further business, Director Nicholson adjourned the meeting at 8:04 p.m.

*ADJOURNMENT*



WILLIAM NICHOLSON, MD  
President



PATRICIA DANIELSON, RHIT  
Secretary