

Furthering the Mission of Washington Hospital Healthcare System since 1983



**Photo:** Washington Hospital's Women Center staff posing with the 3D Mammography, which is a powerful diagnostic tool for breast cancer screening that creates a 3D image from multiple scans taken at different angles.

### From the Desk of the Executive Director



As we approach the holiday season, all of us at Washington Hospital wish to say *thank you*, for the continued support and generosity from our community.

2022 has been a big year, and together we've had an even bigger impact on the health and wellbeing of our community. With your partnership this year, we've funded new surgical equipment to meet the rising patient need in the

The holidays may be right around the corner, but the Foundation still has a few exciting events planned to wrap up a tremendous and impactful year in support of Washington Hospital.

We hope you will consider spreading the holiday cheer on **Giving Tuesday**, which is **November 29th**. Giving Tuesday is a global day of generosity that inspires communities all across the world to give their time, their voice or a donation to help build a better world. This year, Giving Tuesday at Washington Hospital will bring awareness to Maternal & Child Health

OR; we've disbursed \$8,000 in scholarships for local students studying medicine; purchased \$1,500 in compression garments for lymphedema patients, funded monitors and infant swings for children in the Special Care Nursery, and so much more.

And thank you to all who attended, supported or sponsored the **36th Annual Top Hat Gala**. The evening was a remarkable achievement in support of Washington Hospital's future trauma center, raising over **\$255,000** in net proceeds! The gala was a great opportunity to bring our community back together after a 3-year virtual hiatus, and we appreciate all who shared their input on how we can continue to make this a great event for years to come. These funds will help the Hospital purchase equipment and technology for the trauma center to ensure patients can access life-saving and life-sustaining care right here in our own community.

needs in our community, such as perinatal mental health disorders which affect 1 in 5 women. We invite you to read more below or reach out if you are interested in learning more.

And we hope you and your family will join us on **December 7th** for a **Holiday Tree Lighting Celebration with Santa** at Washington West. We'll have hot chocolate, cookies, local entertainment, and of course, Santa and Mrs. Claus!

This year, we extend our deepest gratitude to all of you for your dedication and generosity towards our patients and staff. Thank you for being part of the Washington Family and for ensuring that we can continue to meet the evolving healthcare needs of our community.

Sarah G. Gemski  
*Executive Director*  
*Washington Hospital Healthcare Foundation*

## The 36th Annual Top Hat

Thank you to all who contributed to the 36th Annual Top Hat Gala in support of **Washington Hospital's future Trauma Center**. Because of you, we will be able to bring this specialized level of care to our community. With your support, we raised over **\$255,000** in net donations. These funds will help Washington Hospital purchase equipment and technology for the future Adult Level II Trauma Center and ensure patients across Alameda County have access to the highest-quality lifesaving and life-sustaining care, when and where they need it most.

Top Hat Co-Chairs, **Dr. Aaron Barry** and **Dr. Brian Smith** applauded the Foundation's efforts, noting,

*"We are honored to devote our time as Co-Chairs to an organization like Washington Hospital. Their patient-first ethic and dedication to serving our community makes us proud to come to work every day."*

### Thank you to our major Top Hat donors at \$5K+

Vituity  
Fremont Bank  
Sharon Gallacher & Family  
UCSF Health  
Al & Marsha Badella  
Masonic Homes of California  
Sisters of the Holy Family  
Washington Outpatient Surgery Center  
Sandra & Daren Young  
AIG Retirement Services  
Bay Landing Tax & Consulting  
Emergency Physicians Associates



Paul & Sandi Bonderson  
Supervisor Richard Valle  
Joe & Deolinda Caldeira  
Kimberly Hartz & Steve Foster  
Supervisor David Haubert  
Jacobs  
Royal Ambulance  
Sound Physicians  
BofA Securities  
Donald & Gloria Johannsen  
Union Bank



## Charitable Giving - Estate Planning

You do not need to be wealthy to leave a legacy. Make your core valued known by joining the **Washington Hospital Legacy Society** with a gift in your Will to Washington Hospital. Members of our Legacy Society are generous and forward-thinking individuals who are committed to the health and wellbeing of district residents, now and for generations to come. Through

planned giving, donors establish their personal financial goals in a tailored estate plan that includes a gift to a charitable institution like Washington Hospital Healthcare Foundation. Planned giving offers personal income and tax benefits for you and your family, while making a difference for patients throughout our community. We encourage you to consult with your financial advisor to discuss the tax implications of planned gifts. Common planned giving arrangements include wills and trusts, life insurance policy and retirement assets, qualified distributions from an IRA, and even property. Legacy Society members become a special part of the Washington Hospital family and are also honored with a lifetime of privileges. For more information please reach out the Foundation.

**Join us for our next Planned Giving Seminar on Tuesday, February 7th at 5pm.**

*“No matter how small or large the gift that you give... think of it as a seed ... when you give that seed to Washington Hospital just know that it will grow exponentially because Washington Hospital has such a great vision for healthcare in our community. You would be helping to build the future of healthcare for our family, friends and generations to come”* **Legacy Society Member, Lisa Lorenz**

[Learn More](#)

## Foundation Updates



### Holiday Donations

The Foundation welcomes donations of holiday meals for our staff and new toys or books for our pediatric department. If you are interested in coordinating a donation, please email [foundation@whhs.com](mailto:foundation@whhs.com)



Join us at 5pm on Wednesday, December 7th for a **Holiday Tree Lighting Celebration with Santa!** This family-fun event will feature local entertainment, refreshments, music, a tree lighting and photos with Santa!

**When:** 5pm-6:30pm; photos with Santa at 5:30pm; 12/7/2022  
**Where:** Washington West,



The **Dr. Albert V. Assali Scholarship** is an annual scholarship awarded to a high school senior or college student currently enrolled in a U.S Accredited College. This year, a \$2,000 scholarship was awarded to **Arezo Ahmadi**, who is attending UCLA and **Yusuf Rasheed**, attending Yale University. Congratulations to the

Together  
we give.

Nov 29, 2022



GIVING  
TUESDAY

## Giving Tuesday- Maternal & Child Health

*Did you know that perinatal anxiety and depression are the most common complications of childbirth, impacting up to 1 in 5 women and 1 in 10 new fathers?*

*Perinatal mental health disorders are widespread and often highly stigmatized in communities across the world, but are treatable with proper support and resources.*

The **Maternal & Child Health Fund** at Washington Hospital helps support initiatives to improve pre and perinatal outcomes for families in our community. For the past two years, Washington Hospital has hosted a Maternal Mental Health Walk to spread awareness, lift stigmas and provide resources for families on managing mental health disorders. The Fund also supports free and low-cost childbirth and perinatal education classes, and helps new families in need with supplies like diapers, clothing, car seats and formula.

This year, we've designated Giving Tuesday towards the Maternal & Child Health Fund at Washington Hospital. We encourage you to join the global generosity movement with a gift of time, your voice or a donation to the Maternal & Child Health Fund. We invite you to learn more about Perinatal Mental Health issues by visiting the **Blue Dot Project's** website, or consider making a gift to the Maternal & Child Health Fund below.

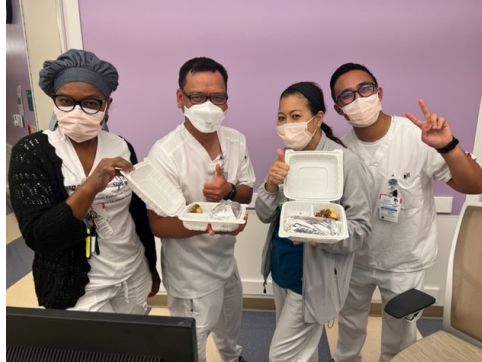
[Learn More](#)

## Donor Spotlight

The Foundation received a thoughtful donation of handmade blankets, scarves and hats from community member, **Marlene Jacobs**. Baby blankets and matching hats will be distributed to newborns and their families and the scarves, large blankets and hats will be given to patients in the infusion center.

Also, for the second year in a row, family-owned and operated, **Berge-Pappas-Smith Chapel of the Angels**, generously coordinated a meal donation to thank Washington Hospital staff for their dedication and hard work. Approximately **200 meals** were distributed to grateful staff members across the Hospital.





## UPDATE: COVID-19 Vaccines, Boosters, Testing & Flu Shot

**COVID-19 Vaccines and Boosters:** Appointments can be scheduled through MyChart or the call center at 510.248.8200. Pediatric vaccines are available for children 6 months to 11 years of age. We highly encourage people to talk to their health care provider about their medical conditions and whether getting an additional dose or vaccine for themselves or their children is appropriate.

**COVID-19 Testing:** Washington Hospital's drive-thru and walk-up testing tent is now offering COVID-19 tests to any community member that is symptomatic, or has a confirmed exposure. A physician's order is no longer necessary. As a reminder, testing at this location is not for travel, or sporting events. The tent is located in the parking lot of Washington West at 2500 Mowry Ave., facing Civic Center Drive. Appointments are required and can be scheduled by calling 510.248.8200.

**Flu Shots:** It's not too late to get a flu shot. Washington Hospital currently has availability of the flu vaccine for all ages. Due to COVID-19, getting a flu shot is more important than ever. Washington Township Medical Foundation offers flu shots at multiple walk-in locations for patients throughout the Tri-City communities. A list of locations can be found [here](#).



[Donate Now](#)

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